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Subject: APA Headlines: Adolescents With BD May Be Especially At Risk Of Developing Substance Abuse Problems By Early Adulthood, Small Study Indicates
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Good morning Ms Cathy Thompson

August 31, 2016

Leading The News

Adolescents With BD May Be Especially At Risk Of Developing Substance Abuse Problems By Early Adulthood, Small Study Indicates.

[Medical Daily](#) (8/30, Cara) reports adolescents with bipolar disorder (BD) appear to be “especially at risk of developing” substance abuse “problems by the time they reach adulthood,” researchers found. The findings of the 68-patient study were published online Aug. 30 in the Journal of Clinical Psychiatry.

Psychiatric News Alert



[Mental Health Improves With Age. Study Suggests](#)

[APA Applauds Mental Health Plan Unveiled Today by Hillary Clinton](#)

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Psychiatric Treatment/Disorders

Enzyme Related To Impulse Control Appears To Be Shut Off At Onset Of Alcohol Dependency, Research In Rats Suggests.

[Medical Daily](#) (8/30, Dovey) reports that in alcoholics, the enzyme PRDM2 appears to be “shut off at the onset of alcohol dependency.” The PRDM2 enzyme “is related to impulse control.” When dependence on alcohol develops, “the enzyme is turned off in nerve cells in the frontal lobe.” The [study](#), which involved laboratory rats, was published online Aug. 30 in Molecular Psychiatry.

Government and Psychiatry

HHS To Distribute \$53M To 44 States To Address

Opioid Abuse.

The [AP](#) (8/31) reports the “Obama Administration will distribute \$53 million to 44 states in an effort to curb opioid abuse.” HHS Secretary Sylvia Burwell “says the funding will focus on reducing over-prescribing of pain killers, increasing access to treatment and making sure the antidote naloxone is widely available.”

Mental Health Experts Urge FDA Not To Ban Electrical Shock Therapy.

The [Cleveland Plain Dealer](#) (8/30, Koff) reports that a group of mental health experts is urging the Food and Drug Administration not to ban electrical shock therapy. In a letter to the FDA, they argue that “contingent skin shock delivered from Electrical Stimulation Devices (ESDs) can be effective in reducing destructive behaviors and enhancing quality of life” for a minority of patients with autism and other intellectual disabilities.

APA in the News

Neuroimaging Data May Be Useful For Identifying Adolescents Who Are Most At Risk Of Alcohol Use, Small Scan Study Indicates.

[Medscape](#) (8/30, Melville) reports, “Neuroimaging data can be useful for identifying adolescents who are most at risk for alcohol use,” researchers found after having 137 adolescents without a history of substance use undergo “a series of tests, including neuropsychological testing and brain imaging with structural MRI (sMRI) and functional MRI (fMRI) as part of a larger ongoing neuroimaging study.” The [findings](#) were published online Aug. 19 in the American Journal of Psychiatry, a publication of the American Psychiatric Association. Grants from the National Institute on Alcohol Abuse and Alcoholism helped fund the study.

Clinton’s Mental Health Proposal Similar To Several Congressional Bills.

[Roll Call](#) (8/30, Siddons) reports Hillary Clinton’s mental health proposal has much “in common with proposals in Congress to improve mental health treatment and expand access, including potential hurdles – namely, how to pay for it.” On Monday, Clinton said she wants “to promote early diagnosis and intervention,” enforce parity laws, and “emphasize treatment instead of jail time for low-level criminal offenders with mental illness.” The article says several “bills making their way through Congress” focus on similar issues.

The [Huffington Post](#) (8/30, Holmes) reports that in unveiling the proposal, Clinton stated, “The next generation must grow up knowing that mental health is a key component of overall health and there is no shame, stigma or barriers to seeking out care.” The article adds that Clinton’s plan “reflects growing efforts to reduce the stigma and social pressures that keep people from getting help.” Maria A. Oquendo, president of the American Psychiatric Association, said Clinton’s plan “is sweeping in nature and, if enacted, would greatly improve the nation’s mental health care system. ... All of these measures are huge steps in the right direction.”

Other News

iPads As Effective As Sedative In Helping Calm Kids About To Undergo Surgery, Study Indicates.

[TIME](#) (8/30, Sifferlin) reports a “small new study” indicates “giving children who were about to undergo surgery an iPad was as effective at calming them down than giving them a sedative.” In research presented at the World Congress of Anaesthesiologists, investigators “compared the effect of using an iPad to taking a sedative called midazolam on children’s anxiety before anesthesia and surgery.”

[Newsweek](#) (8/30, Cuthbertson) reports that anxiety levels of the “children aged four to 10 years old were measured before and after the operation.” The researchers then found that allowing kids “to use iPads to distract them before surgery requiring general anaesthesia is as effective at lowering their anxiety as conventional sedatives.”

Tuesday’s Lead Stories

- [People Who Have Depression May Not Be Getting Needed Treatment, Study Indicates.](#)
- [Women Who Develop Depression Before Or During Pregnancy May Suffer From A More Severe Version Of](#)

Postpartum Depression, Research Indicates.

- **CMS Unveils Changes In Effort To Address Concerns About ACA Marketplaces.**
- **Use Of Feeding Tubes By Dementia Patients Declined By Nearly 50% From 2000 To 2014.**
- **Clinton Unveils Mental Health Reform Proposal.**
- **DOJ Incorporates Treatment Of People With Mental Illnesses, Disabilities Into Its Civil Rights Investigations Of Troubled Police Departments.**

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