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**Subject:** APA Headlines: BD May Be Associated With Childhood Neglect, Abuse, Review Finds  
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Good morning Ms Cathy Thompson

October 19, 2016

### Leading The News

#### **BD May Be Associated With Childhood Neglect, Abuse, Review Finds.**

[HCP Live](#) (10/18) reports that "childhood adversity appears to be associated with bipolar disorder," researchers concluded. The 19-study review "found that people with bipolar disorder were 2.63 times...more likely to have suffered emotional, physical, or sexual abuse as children than counterparts in the general population." The [findings](#) were published online the British Journal of Psychiatry.

### Psychiatric News Alert



#### [Study Suggests People With OCD May Prefer Psychotherapy to Medications](#)

#### [Study Suggests Association Between SSRIs in Pregnancy, Speech Disorders in Offspring](#)

**Free Course of the Month: Childhood Precursors of Borderline Personality Disorder: Why are Childhood Precursors Important?**

This course summarizes the latest research on the childhood precursors of borderline personality disorder and identifies the complex relationship between childhood adversity and BPD. [Learn more](#) or [take the October course](#).

Free Course for November: Advances in Therapeutic Interventions in Geriatric Psychiatry: Diagnosis and Treatment of Geriatric Depression



### Psychiatric Treatment/Disorders

#### **Review Associates Schizophrenia With Reduced Sleep Spindle Activity.**

[Medical Daily](#) (10/18, Dovey) reports that a "new review linking a sleep abnormality with" schizophrenia "may open the door for new, more effective treatment options." Researchers found that "sleep disturbances, known as reduced spindle activity, exist before the onset of the illness and are therefore linked to the genetic factors associated with schizophrenia." In people who are healthy, "the sleep medication zolpidem increased sleep spindle activity, and although this has not yet been attempted in individuals with schizophrenia, the team believes their findings suggest this medication is a possible treatment." The review's [findings](#) were published Oct. 15 in Biological Psychiatry.

#### **Researchers Developing Test To Predict How Effective Antidepressants Will Be.**

The [Huffington Post](#) (10/18, Almendrala) reports that researchers are developing a test to "predict how effective antidepressants will be." Although "the test is still in early stages, a recent [study](#)...found that it was able to predict whether or not an antidepressant would restore a person's symptoms to healthy levels with 81 percent accuracy." The findings of the 102-patient study were published in the Proceedings of the National Academy of Sciences.



## Government and Psychiatry

### State Regulators Approving Higher Premium Increases To Help Shore Up ACA Marketplaces.

[USA Today](#) (10/18, O'Donnell, Lee) reports a new analysis the paper conducted indicates several state insurance regulators "have approved health care premium increases higher than those requested by insurers, despite a national effort to keep rates for policies sold on Affordable Care Act exchanges from skyrocketing." In Pennsylvania, for instance, regulators approved a rate that was 8 percentage points higher than what insurers sought. Charles Gaba, a health data expert at ACASignups.net, said "part of regulators' jobs is to keep insurance companies solvent so they can continue to give people insurance." Meanwhile, CMS Acting Administrator Andy Slavitt explained that premiums for many ACA plans were set too low initially, adding, "In retrospect, life would have been a lot better and easier if things had started 10% higher, the rate increases had been higher and it had been just a smooth steady climb."

The [Wall Street Journal](#) (10/18, Radnofsky, Subscription Publication) reports the high premium increases approved by state insurance regulators for ACA plans underscore the challenges the healthcare law is currently facing. The article points out that while a majority of consumers who purchase coverage through ACA exchanges qualify for Federal subsidies, about 9 million of them are ineligible.

### Analysis Indicates 43% Of Uninsured Are Eligible For Federal Assistance.

[Congressional Quarterly](#) (10/18, Mershon, Subscription Publication) reports that that according to an analysis unveiled by the Kaiser Family Foundation, nearly 50 percent of uninsured Americans "would qualify for subsidies through the marketplace or through Medicaid." Data show some "6.4 million of the remaining uninsured could get Medicaid coverage in their state, and about 5.3 million could get subsidies on the exchanges set up by" the Affordable Care Act.

[Morning Consult](#) (10/18, McIntire) reports data indicate some 11.7 million, or 43 percent of the uninsured, "are not taking advantage of some sort of federal assistance to get health insurance" for which they are eligible. That assistance may take "the form of a subsidy to purchase a policy on the Affordable Care Act exchange or a Medicaid plan a consumer is eligible for but not signed up for."

## Psychiatric Medication Update

### FDA Approves Supplemental NDA To Update US Labeling Of Lisdexamfetamine To Include Long-Term Maintenance Data In Adults With Binge-Eating Disorder.

[Healio](#) (10/18) reports the Food and Drug Administration "recently approved a supplemental New Drug Application [NDA] to update the US labeling of Vyvanse [lisdexamfetamine] to include new long-term maintenance data in adults with moderate or severe binge eating disorder, according to a press release from...manufacturer" Shire.

## Tuesday's Lead Stories

- [Kids In US Foster Care System May Suffer Significantly Higher Risks Of Emotional And Physical Health Problems, Study Indicates.](#)
- [Teens With ASD More Likely To Be Obese, Stay Obese In Teen Years Compared To Other Teens, Study Indicates.](#)
- [ACA Marketplace To Offer Standardized No-Deductible Basic Services Plans.](#)
- [Hospital EDs Routinely Clogged With Patients Waiting For Inpatient Psychiatric Care, Group Says.](#)
- [Average Placebo Response Rates In Antidepressant Trials Have Been Stable For More Than 25 Years, Review Finds.](#)

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