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**Subject:** APA Headlines: Depression In People Aged 60 And Older May Often Go Unrecognized And Untreated, Researchers Say  
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Good morning Ms Cathy Thompson

August 15, 2016

### Leading The News

## Depression In People Aged 60 And Older May Often Go Unrecognized And Untreated, Researchers Say.

[Medscape](#) (8/12, Lowry) reported, "Too often, depression in individuals aged 60 years and older goes unrecognized and untreated or not treated appropriately," researchers found in a 3,084-participant study. The [findings](#) were published in the August issue of the American Journal of Geriatric Psychiatry.

### Psychiatric News Alert



#### [Expert Offers Advice to Improve Medication Adherence](#)

#### [Hospitalization With Infection May Increase Long-Term Risk Suicide](#)

#### Free Course of the Month: [Updates in Women's Health: Psychopharmacologic Approaches in the Perinatal Period](#)

Psychiatric disorders are common during pregnancy and the postpartum period. This course provides an overview of the current evidence for the use of mood stabilizers and antipsychotics during pregnancy and lactation. [Learn more](#) or [take the August course](#).

Free Course for September: Neuromodulation in the Treatment of Geriatric Psychiatric Disorders



### Psychiatric Treatment/Disorders

## College Students Who Misuse AD/HD Medications May Have An Increased Likelihood Of Having AD/HD Or Other Psychiatric Problems.

[HealthDay](#) (8/12, Preidt) reported, "College students who misuse stimulant" medications may have an increased likelihood of having attention-deficit/hyperactivity disorder (AD/HD) "or other psychiatric problems," researchers found. The study, which "included 300 undergraduates between the ages of 18 and 28 at Boston-area campuses," also revealed that "immediate-release stimulants are more likely to be misused than extended-release versions of the" medicines. The [findings](#) were published online July 27 in the Journal of Clinical Psychiatry.

## Limited Seafood Intake May Increase Risk Of Brain

## Amyloid Deposition, Alzheimer's, Small Study Suggests.

[MedPage Today](#) (8/12, Jenkins) reported, "Limited seafood intake may increase the risk of brain amyloid deposition and Alzheimer's disease," researchers found. In the 61-patient study, "greater levels of the essential fatty acid docosahexaenoic (DHA) were associated with less cerebral amyloidosis, larger brain volumes, and better cognitive measures in cognitively healthy patients." The [findings](#) were published online Aug. 8 in JAMA Neurology. An accompanying [editorial](#) "cautioned, however, that the crossover study was not large enough to prove anti-amyloid effects of DHA."

## Regular Exercise May Help Alleviate Some Symptoms Of Schizophrenia, Meta-Analysis Finds.

The [CBS News](#) (8/12, Marcus) website reported that "regular exercise may help alleviate" some symptoms of schizophrenia, researchers found after conducting a 10-study, 385-patient meta-analysis.

According to [Medical Daily](#) (8/12), the [meta-analysis](#), which was published online Aug. 11 in Schizophrenia Bulletin, "showed that [an] exercise program combined with medication can improve overall brain functioning of" patients with schizophrenia.

### Government and Psychiatry

## Insurers Seeking To Justify Higher Premiums Using Review Mechanism Under ACA.

A [New York Times](#) (8/14, Pear, Subscription Publication) analysis reports that insurers are using a review mechanism created under the Affordable Care Act and "intended to prevent exorbitant increases in health insurance rates by shaming companies that sought them," to "highlight the reasons they are losing money under the health care law and their case for raising premiums in 2017." The trend is prompting "an election-year fight between insurers and consumers, who are complaining bitterly about the double-digit increases being sought across the country."

## Cost Remains Main Concern For Enrollees In ACA Plans.

In a front-page article, the [New York Times](#) (8/12, A1, Abelson, Subscription Publication) reported that the millions of Americans buying health insurance through the Federal marketplaces have just "one feature in mind." According to the Times, "it is not finding a favorite doctor, or even a trusted company. It is how much – or, more precisely, how little – they can pay in premiums each month." However, "for many of them, especially those who are healthy, all the prices are too high." The article said most experts concur "there is no immediate danger that the market will collapse," and HHS spokeswoman Marjorie Connolly "said in a statement that the Obama administration was confident that the marketplaces would 'continue to thrive for years ahead.'"

### Psychiatry and Public Health

## Children Who Identify As Black Or Hispanic May Have A More Difficult Time Getting Treatment For Mental Health Disorders, Research Suggests.

[Kaiser Health News](#) (8/12, Luthra) reported that "getting treatment" for mental health disorders "remains difficult – and it's worse for children, especially those who identify as black or Hispanic," researchers found after examining "a nationally representative sample of federally collected survey data compiled between 2006 and 2012." The [findings](#) were published online Aug. 12 in the International Journal of Health Services.

### APA in the News

## Researchers Testing Practice Of Using Virtual Reality To Diagnose Pedophilia In Men.

[STAT](#) (8/12, Seervai) reported that a "handful" of researchers "are testing a controversial practice of using virtual reality to diagnose pedophilia in men in hopes of helping them manage their sexual desires before they act on them." Use of "3-D animated characters and virtual reality" is "not foolproof, and it's raised concerns among some psychiatrists who fear the computer-generated images could stimulate the men's interest in children." According to the American Psychiatric Association, pedophilia "affects up to five percent of

men.”

## Other News

### Market For Genetic Test To Predict Concussion Severity “Remarkably Soft.”

[STAT](#) (8/15, Robbins) reports that the market for “an easy genetic test that promises to identify which young athletes are likely to suffer the most severe consequences from a concussion” now “seems to be remarkably soft.” The test, which looks “at the apolipoprotein E (“APOE”) gene, which codes for a protein that’s involved in brain recovery after injury,” was “touted just a few years ago as revolutionary.” However, “not many athletes are interested in getting tested” and “insurers won’t pay” for the test. Additionally, advocates for the test “are backing away” due to concerns “about giving athletes, and their parents, unsettling news about the risks lurking in their genes — including the possibility that the children most at risk of problems after a concussion may also have an increased risk for Alzheimer’s disease later in life.”

### Lack Of Access To Quality Healthcare In US Prisons Examined.

[Newsweek](#) (8/13, Firger) examined the issue of chronic disease among prison populations in the US, and the difficulty inmates have getting quality care, despite the fact that US citizens are the only in the world “constitutionally guaranteed to have access to healthcare.” According to a recently released national study on the state of prison health systems by the CDC, “most state prisons are well aware that chronic medical conditions are a serious threat to this population, but the care after an inmate is diagnosed is inconsistent and sometimes does more harm than good.” The piece explained that the problem is only compounded by prisons’ typically poor lifestyle habits, including poor sleep, poor diet, and sedentary behavior. To help address the issue, some experts recommend stricter public health policies and better follow up protocols.

## Friday's Lead Stories

- [CDC Survey Reveals LGB High School Students Face Higher Risk Of Depression, Violence, Bullying.](#)
- [Some Advocates Claiming ABA Therapy For Autism May Be Harmful.](#)
- [Obama Administration Says Insurers’ Costs For ACA Enrollees Unchanged From 2014 To 2015.](#)
- [APA Reminds Members Of Goldwater Rule.](#)

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