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**Subject:** APA Headlines: Maternal Acetaminophen Use In Pregnancy May Be Associated With Behavioral Problems In Offspring  
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Good morning Ms Cathy Thompson

August 16, 2016

### Leading The News

## Maternal Acetaminophen Use In Pregnancy May Be Associated With Behavioral Problems In Offspring.

In "Science Now," the [Los Angeles Times](#) (8/15, Healy) reports that a [study](#) published online Aug. 15 in JAMA Pediatrics associates acetaminophen with "behavioral problems in children born to mothers who used it during pregnancy." The findings of the 7,796-mother study revealed that "compared to women who reported no acetaminophen use at 18 weeks of pregnancy, those who took the medication at that point of gestation were 42% more likely to report hyperactivity and 31% more likely to report conduct problems in the children they bore." Expectant mothers who took the medicine "at 32 weeks of pregnancy were 29% more likely than women who did not to report emotional difficulties in their child at age seven."

Also covering the story are the [ABC News](#) (8/15, Ghodadra, Mohny) website, [CNN](#) (8/15, Scutti), the [NPR](#) (8/15, Harris) "Shots" blog, [STAT](#) (8/15, Begley), [US News & World Report](#) (8/15, Oliver), [HealthDay](#) (8/15, Thompson), and [LiveScience](#) (8/15, Miller).

### Psychiatric News Alert



#### [First Suicide Attempts More Lethal Than Prior Estimates](#)

#### [Expert Offers Advice to Improve Medication Adherence](#)

#### APA to Develop a Mental Health Clinical Data Registry

The APA Board of Trustees in early 2016 approved the development of a mental health clinical data registry. APA's registry is in the initial stages of development. Once implemented, the registry will help psychiatrists meet new Medicare quality reporting requirements and maintain professional recertification. The registry will:

- help psychiatrists avoid payment penalties and instead achieve bonuses for meeting CMS quality reporting requirements
- reduce the burden of submitting Performance-in-Practice data and obtaining ABPN MOC Part IV credit to maintain board certification and hospital credentialing

APA is seeking member volunteers for a pilot project. [Volunteer for the pilot.](#) [Learn more.](#)



### Psychiatric Treatment/Disorders

## Prescription Medication Abuse May Be Associated With A Greater Risk For Suicide Attempts In Teens.

[Reuters](#) (8/15, Rapaport) reports that "the odds of suicide attempts may be higher when adolescents abuse prescription" medications, researchers found after surveying some "3,300 Chinese teens once when they were about 14 years old and again a year later." The [findings](#) were published online Aug. 15 in JAMA Pediatrics.

## Government and Psychiatry

### Analysis Indicates Insurers Seeking Average Hike Of 24 Percent For ACA Plans.

[Politico](#) (8/15, Diamond) reports that according to independent analyst Charles Gaba, insurers are requesting an average increase of 24 percent for Affordable Care Act plans they offer through states' exchanges. To date, state regulators have approved increases which average 17 percent. Gaba explained that this figure is based on data from Mississippi, New York, Oregon, Rhode Island, and Vermont, so he expects that average to change as more states make decisions.

### Aetna To Withdraw From 11 ACA Exchanges In 2017.

Citing huge financial losses, the [Wall Street Journal](#) (8/15, Mathews, Subscription Publication) reports Aetna announced on Monday that it will pull back from 11 of the 15 states where it currently offers individual insurance on the Affordable Care Act exchanges. In a statement, Healthcare.gov CEO Kevin Counihan said Aetna's decision does "not change the fundamental fact that the Health Insurance Marketplace will continue to bring quality coverage to millions of Americans next year and every year after that." The move highlights concerns about competitive options in the exchanges, leaving some counties like Pinal in Arizona at risk of not having insurers offering ACA plans in 2017.

The [New York Times](#) (8/16, Pear, Subscription Publication) reports that Counihan insisted "the marketplace would remain strong and vibrant despite Aetna's decision." He stated, "It's no surprise that companies are adapting at different rates to a market where they compete for business on cost and quality, rather than by denying coverage to people with pre-existing conditions."

## APA in the News

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### APA Reiterates Breaking The Goldwater Rule Is "Irresponsible" And "Definitely Unethical."

On the front of its Science Times section, the [New York Times](#) (8/15, D1, Carey, Subscription Publication) reports that 43 years ago, "the American Psychiatric Association adopted what became known as the Goldwater Rule, declaring it unethical for any psychiatrist to diagnose a public figure's condition 'unless he or she has conducted an examination and has been granted proper authorization for such a statement.'" In this presidential election campaign, "psychiatrists and psychologists have publicly flouted the Goldwater Rule, tagging" Republican candidate Donald J. Trump "with an assortment of personality problems, including grandiosity, a lack of empathy, and 'malignant narcissism.'" Earlier this month, the APA "reiterated that breaking the Goldwater Rule 'is irresponsible, potentially stigmatizing, and definitely unethical.'"

## Other News

### Elderly Getting Too Many Prescriptions For Chronic Illnesses, Raising Chance Of Serious Side Effects, Studies Suggest.

[Kaiser Health News](#) (8/15) reports a growing number of elderly patients are being prescribed too many medications to treat chronic illnesses, "raising their chances of dangerous drug interactions and serious side effects." Furthermore, the piece points out that different drugs are often prescribed by different physicians, "who don't communicate with each other," further complicating the situation. Data from the Institute of Medicine show that in 2006, "at least 400,000 preventable 'adverse drug events' occur[ed]... in American hospitals." Similarly, a 2013 study found that nearly 20 percent of patients discharged from hospitals "had prescription-related medical complications during their first 45 days at home."

## Monday's Lead Stories

- [Depression In People Aged 60 And Older May Often Go Unrecognized And Untreated, Researchers Say.](#)
- [College Students Who Misuse AD/HD Medications May Have An Increased Likelihood Of Having AD/HD Or Other Psychiatric Problems.](#)
- [Insurers Seeking To Justify Higher Premiums Using Review Mechanism Under ACA.](#)
- [Children Who Identify As Black Or Hispanic May Have A More Difficult Time Getting Treatment For Mental Health Disorders, Research Suggests.](#)
- [Researchers Testing Practice Of Using Virtual Reality To Diagnose Pedophilia In Men.](#)
- [Market For Genetic Test To Predict Concussion Severity "Remarkably Soft."](#)

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