

**From:** [APA Communications](#)  
**To:** [lpmastaff@jpm.net](mailto:lpmastaff@jpm.net)  
**Subject:** APA Headlines: Overall Mental Health May Improve Until Very End Of Life, Researchers Say  
**Date:** Thursday, August 25, 2016 7:51:59 AM

If you are unable to see the message or images below, [click here to view](#)

Please add [Headlines@psych.custombriefings.com](mailto:Headlines@psych.custombriefings.com) to your address book



Good morning Ms Cathy Thompson

August 25, 2016

### Leading The News

#### Overall Mental Health May Improve Until Very End Of Life, Researchers Say.

In "Science Now," the [Los Angeles Times](#) (8/24, Netburn) reports that "overall mental health, including your mood, your sense of well-being and your ability to handle stress, just keeps improving right up until the very end of life," research suggests. After surveying some "1,500 San Diego residents aged 21 to 99, researchers report that people in their 20s were the most stressed out and depressed, while those in their 90s were the most content."

The [New York Times](#) (8/24, Bakalar) "Well" blog points out the survey [results](#) were published online Aug. 24 in the Journal of Clinical Psychiatry. [TIME](#) (8/24, Oaklander) and [HealthDay](#) (8/24, Norton) also cover the survey.

### Psychiatric News Alert



#### [New Model Found Useful for Predicting Alcohol Use in Youth](#)

#### [FDA Approves Devices for Assessing Cognitive Function After Brain Injury](#)

#### NYC First Lady Chirlane McCray to deliver keynote at IPS:TMHSC

Just announced, First Lady McCray will discuss efforts to improve access to mental health services, including early intervention, prevention and treatment. Join the APA at [IPS: The Mental Health Services Conference](#) in Washington, D.C. Oct. 6-9, 2016 to gain new practice skills through in-depth training. [Learn more about the conference and learning opportunities.](#)



### Psychiatric Treatment/Disorders

#### Metformin May Help Youngsters With Autism With Antipsychotic-Related Weight Gain Slim Down, Small Study Suggests.

[HealthDay](#) (8/24, Preidt) reports the diabetes medication metformin "may help overweight children and teens with autism slim down," researchers found in a randomized study including 60 children with autism who ranged in age from six to 17 and who had gained weight "due to the side effects of taking antipsychotic medications for irritability and agitation." The [findings](#) were published online Aug. 24 in JAMA Psychiatry.

### Government and Psychiatry

#### Obama Administration Attempts To Quell Concerns About Premium Hikes For ACA Plans.



The [Wall Street Journal](#) (8/24, Radnofsky, Armour, Subscription Publication) reports the Obama Administration is rushing to convince consumers who purchase healthcare coverage through Affordable Care Act marketplaces that Federal subsidies will allow them to absorb premium increases requested by insurers. On Wednesday, HHS said in a new analysis that ACA subsidies for lower- and middle-income consumers would largely offset double-digit premium hikes for 2017, and that some 75 percent of those who purchase plans through Healthcare.gov will be paying monthly premiums of \$75 or less.

## Psychiatry and Public Health

### Group Urges Pediatricians To Help Identify Teens At Risk For Suicide.

The [Baltimore Sun](#) (8/24, McDaniels) reports that recently, the American Academy of Pediatrics updated its "guidelines advising pediatricians how to identify and help teenagers at risk for suicide," saying it "wants pediatricians to screen patients for suicidal thoughts and risk factors for suicide, such as bullying." This change is meant to address an increase "in teenage depression, suicidal ideation and suicide attempts." Data from the CDC's Youth Risk Behavior Surveillance System survey indicate "suicide is the second-leading cause of death in adolescents ages 15 to 19 and the third-leading cause of death in children ages 10 to 14."

## Other News

### Study Suggests Exercise May Boost Long-Term Memory.

The [New York Times](#) (8/24, Reynolds) reports in its "Well" blog that a 2014 [study](#) on mice suggested that exercise might have detrimental effects on long-term memory. Meanwhile, in a new [study](#) published in The Journal of Neuroscience "researchers decided to replicate aspects of the 2014 mouse experiment but instead use rats" because research has shown rat brains "are more similar to our brains." The new study found that rats that exercised displayed long-term memory as good as sedentary rats and had developed "about twice as many new cells as did the brains of the sedentary animals."

## Wednesday's Lead Stories

- [Black Children May Be Less Likely To Be Diagnosed With Or Treated For AD/HD Than White Children.](#)
- [People With Suspected SNAP Probably Will Not Progress To Alzheimer's, Scan Studies Find.](#)
- [Company Seeks To Make Artificial Intelligence Tool To Help Primary Care Physicians Screen Patients For Schizophrenia.](#)
- [Medical Industry Concerned MACRA Could Endanger Small, Solo Practices.](#)
- [Traumatic Brain Injuries Seen In Many Domestic Assault Survivors.](#)

## Subscriber Tools

- [Change Email Address](#)
- [Send Feedback](#)
- [Unsubscribe](#)
- [Email Help](#)
- [Archives](#)

**Advertise with BulletinHealthcare:** Reach key professionals every morning

APA Headlines is a morning news briefing on psychiatry and mental health selected from thousands of sources by the editors of BulletinHealthcare. The goal of APA Headlines is to expand the number of news sources available to APA members and alert them of mental health-related information as it is reported in the media. The appearance of a news item in Headlines does not imply that the APA agrees with, approves, or otherwise endorses any research finding, statement or position reported within the news item. Any research finding, statement or position expressed within the briefing is solely that of the originally cited source. The appearance of advertising does not represent endorsement by the APA.

This complimentary copy of APA Headlines was sent to [lpmastaff@lpma.net](mailto:lpmastaff@lpma.net) as part of your APA membership. View BulletinHealthcare [privacy policy](#).

For information about other member benefits, please visit the [APA Member Relations](#) website or you may also call the APA at 1-888-35PSYCH.

American Psychiatric Association | 1000 Wilson Boulevard, Suite 1825 | Arlington, VA 22209

Copyright © 2016 by BulletinHealthcare | 11190 Sunrise Valley Drive, Suite 20 | Reston, VA 20191

