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**To:** [lpmastaff@apma.net](mailto:lpmastaff@apma.net)  
**Subject:** APA Headlines: Parents Of Children Born With Serious Heart Defects May Face High Risk For PTSD, Other Mental Health Problems, Research Suggests  
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Good morning Ms Cathy Thompson

Thursday, February 2, 2017

## Leading The News

### Parents Of Children Born With Serious Heart Defects May Face High Risk For PTSD, Other Mental Health Problems, Research Suggests.

[MedPage Today](#) (2/1, Walker) reports that "a systematic review and meta-analysis" indicated "symptoms of trauma, including post-traumatic stress disorder as well as depression or anxiety, were extremely common in parents of children undergoing surgery for critical congenital heart defects."

[HealthDay](#) (2/1, Preidt) reports that investigators "reviewed published data from 10 countries and found that 30 percent of parents of children with serious heart birth defects had symptoms of PTSD." The data indicated "between 25 percent and 50 percent had symptoms of depression, anxiety or both, and up to 80 percent reported severe mental distress." The [findings](#) were published online in the Journal of the American Heart Association.

## Psychiatric News Alert



[LAI Aripiprazole May Reduce Recurrence of Mood Episodes in Patients With Bipolar I Disorder](#)

[FDA Approves Latuda for Use in Adolescents With Schizophrenia](#)

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## Psychiatric Treatment/Disorders

### Smoking-Related Memory Retrieval Followed By Extinction Training May Reduce Nicotine Cravings, Number Of Cigarettes Smoked Daily, Small Study Suggests.

[Healio](#) (2/1, Oldt) reports, "Smoking-related memory retrieval followed by extinction training reduced craving responses and number of cigarettes smoked daily among individuals with nicotine addiction," researchers found in a 168-participant study, the [findings](#) of which were published online Feb. 1 in JAMA Psychiatry. The authors of an accompanying [editorial](#) observed, "These exciting findings highlight two potential routes for minimally invasive plasticity-modulating treatments, which could mark a step change in the treatment of tobacco use disorder and substance use disorders more generally."

## **Small Scan Study Detects Brain Connectivity Patterns Tied To Increased Risk Of Anxiety, Depression In Babies.**

[Medical Daily](#) (2/1, Borrelli) reports, "Using functional MRI scans," investigators "spotted brain connectivity patterns linked to the increased risk of early symptoms related to depression and anxiety, such as excessive shyness, nervousness, or separation anxiety by age two." The study included "65 babies born full-term and 57 premature babies at least 10 weeks old," all of whom underwent fMRI brain scans. The [findings](#) were published in the February issue of the Journal of the American Academy of Child and Adolescent Psychiatry.

## **Poor Performance On Simple Odor Test May Be Linked To Increased Risk Of Dementia, Study Suggests.**

The [San Jose \(CA\) Mercury News](#) (2/1, Seipel) reports a more than 10-year [study](#) that examined a population of older adults "showed that poor performance on a simple odor test was linked to increased risk of developing dementia years later." The study included 2,428 older black and white adults. The findings were published in the journal Neurology.

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## **Government And Psychiatry**

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### **Insurers Warn More Of Them Will Exit ACA Marketplaces Unless Congress Provides "Concrete Assurances."**

The [Washington Post](#) (2/1, Goldstein) reports that on Wednesday, during a hearing of the Senate Health, Education, Labor and Pensions Committee, insurance industry leaders, state insurance commissioners and brokers warned that more healthcare plans are likely to "defect from Affordable Care Act marketplaces unless Congress and the Trump administration provide some concrete assurances within the next two months."

Meanwhile, the [AP](#) (2/1, Murphy) reports the ACA's exchanges are now "too risky for major health insurers, and that's creating further doubt about coverage options consumers might have next year." The article says congressional Republicans have vowed to repeal the ACA, but promised not to leave consumers with ACA plans without coverage. The piece adds that even if certain ACA provisions are not repealed, the healthcare law's exchanges "are in peril."

### **Some Key GOP Lawmakers Now Discussing "Repairing" ACA Instead Of Replacing It.**

[The Hill](#) (2/1, Sullivan) reports some key Republicans in Congress "are shifting their goal on" the Affordable Care Act "from repealing and replacing the law to the more modest goal of repairing it." Data indicate that many ACA provisions are popular, and experts have warned that repealing certain parts of the healthcare law could harm some of the parts which are working.

[Bloomberg Politics](#) (2/1, Tracer) says Republicans discussed the "repair language" during their policy retreat in Philadelphia last week "as a better way to brand their strategy."

## **APA In The News**

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### **Schizophrenia, Antipsychotics May Be Associated With A Significantly Increased Risk For Diabetes.**

[Healio](#) (2/1, Oldt) reports, "Schizophrenia was associated with a significantly increased risk for diabetes, which further increased with use of first- and second-generation antipsychotics," researchers found in a study involving 2,736,510 Danes followed from 1977 to 2013. The [findings](#) were published online Jan. 20 in the American Journal of Psychiatry, a publication of the American Psychiatric Association.

## Wednesday's Lead Stories

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- [Study Finds Link Between Air Pollution And Dementia, Alzheimer's Disease.](#)
- [Perinatal Complications May Be Associated With An Increased Risk For Autism Spectrum Disorder, Research Suggests.](#)
- [End Of ACA Enrollment Period Complicated By Confusion, Uncertainty.](#)
- [Small Scan Study Associates Brain Differences With An Increased Suicide Risk Among Teens And Young Adults With BD.](#)
- [Psychotherapy, Pharmacological Treatment May Cause Changes In Personality Traits, Review Indicates.](#)

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