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**Subject:** APA Headlines: Some Children Of Parents With History Of Psychiatric Illness May Be At Higher Risk For Attempting Suicide, Engaging In Violent Behavior  
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Good morning Ms Cathy Thompson

September 2, 2016

## Holiday Message

In observance of the federal Labor Day holiday, we will not publish on Monday, September 5, 2016. Service will resume on Tuesday, September 6, 2016. We wish our readers a safe and happy holiday.

## Leading The News

### Some Children Of Parents With History Of Psychiatric Illness May Be At Higher Risk For Attempting Suicide, Engaging In Violent Behavior.

[HealthDay](#) (9/1, Mozes) reports, "Some children of parents with a history of psychiatric illness may be at higher risk for attempting suicide and/or engaging in violent behavior," researchers found after examining data on some 1.7 million "Danes born between 1967 and 1997." The [findings](#) were published online Aug. 31 in JAMA Psychiatry.

## Psychiatric News Alert



### [Important Changes in DSM-5 to Become Effective October 1](#)

### [FDA Issues Warning on Combined Use of Prescription Opioids, Benzodiazepines](#)

### The APA Learning Labs are back by popular demand for IPS: TMHSC!

First introduced at the 2016 Annual Meeting, the Learning Lab brings exciting, innovative ways to learn to 2016 IPS. Each session incorporates hands-on learning, collaboration and rich discussion around issues impacting psychiatry.

- **Psychiatry Innovation Lab** - Submit your innovative concepts to improve mental health care delivery in this "Shark Tank"-style session.
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## Government and Psychiatry

**Burwell Says ACA Exchanges Are Viable, Even Without Congressional Assistance.**

The [AP](#) (9/1, Alonso-Zaldivar) reports that on Thursday, HHS Secretary Sylvia Burwell addressed growing concerns about rising premiums for Affordable Care Act plans, and reduced competition in the marketplaces. Burwell said congressional assistance to shore up the exchanges would be helpful, but pointed out, "Even using the administrative tools that we have, those markets remain viable." She insisted that ACA exchanges are "sustainable even without legislative fixes."

[The Hill](#) (9/1, Sullivan) reports Burwell explained that the Obama Administration "has been making changes on its own to improve the situation for insurers." The article adds that the issue "of whether Congress would need to step in to fix ObamaCare has risen in prominence since" Aetna, UnitedHealthcare and other large insurers decided to exit ACA marketplaces, citing significant losses. [Kaiser Health News](#) (9/1, Carey) also covers the story.

### **Some Insurers Seeking Very High Rate Increases For ACA Plans.**

[USA Today](#) (9/1, O'Donnell, Leys) reports some insurers which offer healthcare coverage through Affordable Care Act exchanges are requesting premium increases that "threaten to surpass the high and wildly fluctuating rates that characterized the individual insurance market before the health law took effect." The article says some insurers' exits from ACA marketplaces, resulting in reduced competition, as well as other factors, are contributing the high increases, and data show some of the states which had high rate increases last year are also likely to approve some of the biggest ones this year. The health insurance industry argues that these rate hikes are "justified."

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## **Psychiatric Medication Update**

### **Antipsychotic Medications May Raise Pneumonia Risk In Patients With And Without Alzheimer's, Research Indicates.**

[Medscape](#) (9/1, Brooks) reports, "Antipsychotic medications raise the risk for pneumonia in patients with (and without) Alzheimer's disease (AD)," researchers found. Investigators report "the risk is highest at the start of antipsychotic treatment but remains increased with long-term use." The [findings](#) of the 60,584-participant study were published online Aug. 30 in CHEST.

## **Other News**

### **Patients With Cancer May Have Increased Risks Of Iatrogenic, Noniatrogenic Injuries Shortly Before And After Their Diagnosis, Study Indicates.**

[Medscape](#) (9/1, Lowry) reports that [research](#) published online in BMJ indicates "the time before and after a diagnosis of cancer can be a perilous time for patients." Investigators found, "in a register-based study of over 720,000 individuals who were diagnosed with cancer in Sweden during a 20-year period, the risk for both iatrogenic (from medical complications) and noniatrogenic (from accidents or self-harm) injuries rose as much as 15-fold in the 16 weeks before and after their diagnosis compared with the previous year." These "injuries required inpatient care and point to the 'total burden of medical complications and call for prevention of intentional and unintentional injuries during the diagnostic process of cancer,' the...study concludes."

[HealthDay](#) (9/1, Preidt) reports that "the risk of accidental injury or self-harm more than doubled among patients with central nervous system, blood and lung cancers." Meanwhile, "patients with non-melanoma skin cancer, which has a better prognosis, had the smallest increase in risk of these types of injuries."

### **NIH Study Examines Opioid Alternatives For Chronic Pain Relief.**

[NBC Nightly News](#) (9/1, story 8, 1:45, Guthrie) reported that the National Institutes of Health on Thursday released the findings of a study examining opioid alternatives for chronic pain relief. NBC's John Torres said the study found that "for those with arthritic knee pain, acupuncture and tai chi had the best results," while massage therapy was most effective for relieving neck pain. "Not so effective, natural supplements like glucosamine and chondroitin," Torres said, and added that "insurance companies don't always pay for these therapies. Pain experts hope this study proves they do work and should be covered."

[NBC News](#) (9/1, Fox) reports that the review by researchers at the National Center for Complementary and Integrative Health, showed yoga and acupuncture are effective for treating back pain, tai chi and acupuncture for treating osteoarthritis of the knee, massage therapy for providing short-term relief for neck pain, and relaxation techniques for treating migraines and severe headaches.

## **Thursday's Lead Stories**

- [FDA Requires Boxed Warning, Medication Guides For Opioids, Benzodiazepines.](#)
- [Data Indicate Most Insurers Will Offer Narrower Networks In 2017.](#)
- [Some Students Heading Off To College May Experience A Mental Health Crisis.](#)
- [Aducanumab Shows Encouraging Results As Alzheimer's Treatment In Early Clinical Trial.](#)

• **Marijuana Use Becoming More Accepted Among US Adults, Survey Data Reveal.**

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