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**Subject:** APA Headlines: Up To A Third Of Adults With Major Depression Do Not Respond To Treatment, Researchers Say  
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Good morning Ms Cathy Thompson

October 5, 2016

### Leading The News

## Up To A Third Of Adults With Major Depression Do Not Respond To Treatment, Researchers Say.

[Kaiser Health News](#) (10/4, Gorman) focuses on "treatment-resistant depression," which is defined as "depression that doesn't respond to two different medications when taken one after the other, at the right dose and for the right amount of time." Currently, almost "16 million adults have major depression, and up to a third do not respond to treatment," a [study](#) published in the October issue of the American Journal of Geriatric Psychiatry indicates. Some "experts" now "say that as many as half of older adults don't get better with standard treatment."

### Psychiatric News Alert



#### [Pentagon Expands Mental Health Care for Troops, Families](#)

#### [Report Highlights Challenges People Face When Seeking Care for Borderline Personality Disorder](#)

**Free Course of the Month: Childhood Precursors of Borderline Personality Disorder: Why are Childhood Precursors Important?**

This course summarizes the latest research on the childhood precursors of borderline personality disorder and identifies the complex relationship between childhood adversity and BPD. [Learn more](#) or [take the October course](#).

Free Course for November: Advances in Therapeutic Interventions in Geriatric Psychiatry: Diagnosis and Treatment of Geriatric Depression



### Psychiatric Treatment/Disorders

## Certain Rare Genetic Mutations May Be Linked To Schizophrenia, Study Suggests.

[Medical Daily](#) (10/4, Glowatz) reports that certain "rare genetic mutations" may be linked to schizophrenia, researchers found after analyzing "the genes of more than 12,300 people, almost 5,000 of whom had schizophrenia." The [findings](#) (pdf) were published online Oct. 3 in Nature Neuroscience.

## Breast Reconstruction Immediately Following Breast Removal Surgery Due To Cancer May Help Reduce Patients' Mental Distress, Small Study

### Indicates.

[HealthDay](#) (10/4, Preidt) reports that research suggests “breast reconstruction immediately after breast removal surgery due to cancer may help reduce a patient’s mental distress.” The research “included 106 breast cancer patients who underwent breast removal surgery followed by breast reconstruction.” The [findings](#) were published in Plastic and Reconstructive Surgery.

### Depression May Increase Risk For All-Cause Mortality, MI In Patients With Stable Angina, Research Indicates.

[Healio](#) (10/4, Quaille) reports, “Depression appears to increase the risk for all-cause mortality and” myocardial infarction (MI) “in patients with stable angina,” researchers found after retrospectively analyzing “a cohort of 22,917 patients aged at least 20 years from Ontario, Canada, newly diagnosed with stable angina based on obstructive” coronary artery disease “found on angiogram, to determine predictors of developing depression.” The [findings](#) were published online Oct. 4 in Circulation: Cardiovascular Quality and Outcomes.

#### Psychiatry and Public Health

### Changing Language Used To Discuss Addiction, Substance Use Disorders May Reduce Stigma, Improve Treatment And Recovery Rates, Experts Contend.

[Healio](#) (10/4, Oldt) reports, “Changing the language used to discuss addiction and substance use disorders may reduce stigma and thus improve treatment and recovery rates,” Michael P. Botticelli, MEd, of the White House Office of National Drug Control Policy, and Howard K. Koh, MD, MPH, of the Harvard T.H. Chan School of Public Health, wrote in an [viewpoint piece](#) published Oct. 4 in the Journal of the American Medical Association.

### Female Physicians Frequently Do Not Report Seeking Care For Mental Health Problems For Fear Of Intense Medical Board Scrutiny, Survey Reveals.

[Medscape](#) (10/4, Lowry) reports, “Female physicians frequently do not report seeking care for depression or other mental health problems because they are afraid of losing their medical license or of having to undergo intense scrutiny from medical licensing boards,” researchers found after surveying “2106 female physicians from all 50 states and the District of Columbia on a closed Facebook group.” The [survey results](#) were published in the October/November issue of General Hospital Psychiatry. Study coauthor Louise B. Andrew, MD, JD, “an emergency physician who was active in the American College of Emergency Physicians,” currently “maintains a [website](#) for physicians who are depressed and may be contemplating suicide.”

### Some Long-Term Care Facilities Using “Doll Therapy” To Relax Residents With Dementia.

In a nearly 1,300 word article, [Kaiser Health News](#) (10/4, Gorman) reports some long-term care facilities are using “doll therapy” to help relax residents with dementia. Some research suggests the controversial method “can reduce the need for medications, diminish anxiety and improve communication.”

#### Tuesday's Lead Stories

- [NIH Issues Final Report Offering Strategies For Youth Suicide Prevention.](#)
- [Small Study Reveals Cognitive Deficits In Children With Untreated Primary Hypertension.](#)
- [New York Governor Signs Legislation Requiring Teaching About Mental Health In State-Mandated Health Classes.](#)
- [SAMHSA Awarding \\$54 Million In Assisted Outpatient Treatment Grants Over Next Four Years.](#)
- [Western Connecticut Health Network Uses Telemedicine To Deliver Mental Health Services.](#)

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