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To: lpmastaff@jgma.net
Subject: APA Headlines: Using Alcohol To Deal With Unpleasant Memories May Worsen Certain Mental Health Conditions, Mouse Study Indicates
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Good morning Ms Cathy Thompson

January 11, 2017

Leading The News

Using Alcohol To Deal With Unpleasant Memories May Worsen Certain Mental Health Conditions, Mouse Study Indicates.

The [New York Daily News](#) (1/10, Jagannathan) reports that instead of easing the pain of “distressing memories,” alcohol may “actually make it more difficult to cope with distressing memories,” researchers found.

[Medical Daily](#) (1/10, Dovey) reports that using alcohol as a coping mechanism “to deal with unpleasant memories...doesn’t work, and may actually worsen certain mental health conditions, such as” post-traumatic stress disorder (PTSD), researchers found. Working with mice, investigators found that “alcohol consumption did not help to ease fearful emotional memories, and may have strengthened them.” The [findings](#) were published online Jan. 3 in *Translational Psychiatry*.

Psychiatric News Alert



[AJP Recognized for Outstanding Publication of Research That Informs Clinical Practice](#)

[Patients With Depression, Panic Disorder May Experience More Side Effects on Antidepressants](#)

Meet the candidates for APA President-elect

Get to know the 2017 president-elect candidates [Rahn K. Bailey, M.D. and Altha J. Stewart, M.D.](#) in their election videos.

Voting for APA President-elect, Secretary and more is open now through Jan. 31. Learn how to vote and meet the rest of the candidates [here](#).



Government and Psychiatry

More GOP Lawmakers Worried About Repealing ACA Without A Replacement.

On its website, [CNN](#) (1/10, Lee, Mattingly) reports that as Republicans get ready to tackle a major vote as part of the process of repealing the Affordable Care Act, “the drumbeat of concern within GOP ranks about the lack of a replacement is growing louder.” More “GOP lawmakers are speaking out with force, concerned about the political backlash if the GOP is perceived as being reckless given that 20 million Americans have health coverage through” the ACA “and there’s no clear vision or firm timeline for an alternative.”

[The Hill](#) (1/10, Weixel, Rouben, Extra) reports that some GOP senators “are getting cold feet” because of the party leadership’s repeal and delay strategy.

The [Huffington Post](#) (1/10, Fuller) reports top House Republicans are moving forward with plans for Friday’s ACA repeal vote even though the GOP does not “know the broad strokes of what a replacement might look like – or whether they even have the votes.” The article points out that conservatives, especially “members of the Freedom Caucus, have expressed concern over voting on those repeal

instructions without a clearer idea of what a replacement would look like.”

Trump Tells Congressional GOP To Immediately Repeal And Replace ACA. In a front-page story, the [New York Times](#) (1/10, A1, Haberman, Sanger-Katz, Subscription Publication) reports that on Tuesday, President-elect Donald Trump urged Republicans “to move forward with the immediate repeal of the Affordable Care Act and to replace it very quickly thereafter.” The article says Trump, who appeared “unclear about the timing of already scheduled votes in Congress this week, demanded a repeal vote ‘probably some time next week,’ and said ‘the replace will be very quickly or simultaneously, very shortly thereafter.’” The Times points out that Trump’s request is contrary to the plans of GOP leaders who want to immediately repeal the ACA, but take two to three years to devise a replacement.

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Administration Says ACA Enrollment Continues To Outpace Last Year’s.

[USA Today](#) (1/10, O’Donnell) reports that on Tuesday, CMS said more than 11.5 million people had enrolled in Affordable Care Act plans as of December 24.

The [Wall Street Journal](#) (1/10, Armour, Subscription Publication) says that on Tuesday, the Obama Administration unveiled data from two new reports which seek to contradict recent criticism of the ACA. One of them, from the Council of Economic Advisers, contends that premium hikes for 2017 were a one-time event which will not recur. The other indicates that sign-ups for ACA plans so far are outpacing last year’s figures.

[Reuters](#) (1/10, Clarke) reports that the 11.5 million figure reflects data from all 50 states and DC, marking “the first time the government has released data from the state-run marketplaces.” About 8.7 million people enrolled through HealthCare.gov.

Other News

High-Deductible Health Plans May Pose Major Financial Burden On Those With Chronic Conditions, Studies Suggest.

[HealthDay](#) (1/10, Pallarito) reports that two studies indicate high-deductible health plans “may pose a significant financial burden on Americans with chronic conditions.” In one study, researchers found “a greater likelihood that out-of-pocket spending for health care will consume 10 percent or more of family income for someone with a long-term condition such as arthritis,” hypertension, “or a mood disorder and a high-deductible insurance plan.” In the other study, investigators found that “seriously ill and low-income people in high-deductible plans delay care for diabetes complications.” To view the studies, published online in JAMA Internal Medicine, click [here](#) and [here](#).

Tuesday’s Lead Stories

- [Community Health Centers, Low-Income Patients Face Uncertainty As Lawmakers Plan ACA Repeal.](#)
- [New Hampshire Moving Too Slowly In Making Improvements To Assist People With Mental Illness, Report Concludes.](#)
- [Massachusetts Project Could Serve As Blueprint For National Effort To Identify, Treat Women With Postpartum Depression, Experts Say.](#)
- [FDA Approves Long-Acting Pain Medication.](#)

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