

# LPMA NEWSLETTER

LPMA IS A BRANCH OF THE AMERICAN PSYCHIATRIC ASSOCIATION

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## 2014-2015 LPMA Officers in Place

Dr. Dean Robinson took office as LPMA President in May. He is a 25+ year APA Distinguished Fellow and longtime LPMA member. He presently serves as Chief of the Mental Health Service at the New Orleans Veterans Administration facility, as Associate Clinical Professor with the Tulane University School of Medicine,



Dean Robinson, MD  
President

and with the Air Force Reserves as a Flight Surgeon and squadron commander for the 307th Bomb Wing at Barksdale Air Force Base. Along the way, Dr. Robinson has been in private practice, and has served as a Deputy Coroner for Caddo and Bossier Parishes. He has previously been the President of the Northwest Louisiana Chapter of the LPMA, LPMA Secretary, and he headed up the LPMA Public Affairs and Insurance Committees for many years. He is originally from the Shreveport area and practiced there for most of his career before relocating south about two years

ago to take part in the rebuilding of the New Orleans VA. This move has also allowed him and his wife Beth to be nearby their daughter and her family and the opportunity to be close to their first grandson.



Rob Dahmes, MD,  
Secretary-Treasurer

LPMA Secretary-Treasurer Dr. Rob Dahmes is a Board Certified Psychiatrist and Child Psychiatrist. He received

his Medical Degree from LSU Medical Center in 1975 and completed his residency and fellowship in 1979. He has served as the Medical Director of both public and private inpatient and outpatient programs for children, adolescents and adults. He is an Investigator with Louisiana Research Associates (performing Phase 2, 3 and 4 investigational drug studies), Clinical Assistant Professor at LSU Health Sciences Center and maintains an outpatient practice specializing in psychopharmacology. He is co-author of a chapter in Netherton's "Textbook of Child and Adolescent Psychological Disorders" released in 2002 and has presented seminars and talks throughout the US and in England, France, Germany and Greece. He is the Parliamentarian for the Alliance for Good Government in New Orleans. He is also the leader of the New Orleans classic rock group "The Prescriptions." □

## LPMA Congratulates Distinguished Fellows and Distinguished Life Fellows



Michelle Simon, MD and M. Kaleem Arshad, MD

At the APA 58th Convocation of Distinguished Fellows celebrated in New York City three LPMA members were recognized for their excellence in leadership, volunteerism and mental health service provided in the communities they serve: **Distinguished Fellows Drs. Michelle Simon and M. Kaleem Arshad, and Distinguished Life Fellow Dr. Rob Dahmes.**

Distinguished Fellowship and Distinguished Life Fellows are nationally recognized for their demonstrated skill in administrative, educational, and clinical settings. They are also noted for volunteering in mental health and medical activities of social significance or involvement in community activities. Excellence, not mere competence, is hallmark of an APA Distinguished Fellow and Distinguished Life Fellow.

Eligibility information comes out each year to members who meet APA Membership requirements. If you are interested in this distinction, please contact Cathy Thompson at [cathy@lpma.brcocmail.com](mailto:cathy@lpma.brcocmail.com) or call (225) 761.3718 for details. □

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## PRESIDENT'S MESSAGE



### Bringing Us Back to the Future

DEAN ROBINSON, MD, PRESIDENT

*"...it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of Light, it was the season of Darkness, it was the spring of hope, it was the winter of despair, we had everything before us, we had nothing before us, we were all going direct to Heaven, we were all going direct the other way - in short, the period was so far like the present period"*

Recognize the rest of the famous opening lines from "A Tale of Two Cities" by Dickens?

As we contemplate the complex road before us, we can't help but compare it to the journey thus far, and for psychiatry and mental health in general, that path has had a lot of ups and downs. Our professional organization was founded around the time that

Dickens penned those words. It remains the oldest medical society in the United States because it has reliably provided members with a more consistent perspective throughout many upheavals and paradigm shifts.

You all contribute to that grand view. Hundreds of practices, with thousands of years of collective experience, interacting with hundreds of thousands of lives, at a level of intimacy unmatched by any other medical specialty. There is no broader trove of human stories to draw inspiration and wisdom from in our society.

We are always "entering a New Era" in psychiatry. For some of us seasoned shrinks, the changes of the last couple of decades, coupled with the uncertainties of the emerging Affordable Care Act and increas-

ingly attenuated treatment paradigms seem to all be carrying us inexorably into the Worst of Times. For others (particularly the new folks, who tend to take things as they are), the incredible advances in the biological understanding of mental illness, vast informational resources, and unprecedented connectivity options herald the immanent coming of the Best of Times.

Fact is, we do live in both. But as individuals bound only by our own experiences, at certain times during our medical careers we may have the tendency to live more on either end of the spectrum than is really healthy for long term satisfaction.

That is why professional societies persist, and why they must strive for maximum diversity. I miss my old friends Bill McBride and Paul Ware, who both departed from us last year. They brought perspectives I would have never realized on my own until far too late to do me nearly as much good. I have enjoyed meeting new friends, and look forward to discovering

many more during my term as your President. They will both keep my attitude fresh and my eyes open to new possibilities.

We can spread the good word regarding the LPMA by education, invitation, and by example. Our DSM-5 seminars have been a big hit, so we will expand upon them next year with a series about the ACA. We also inform legislators, members of the press and other opinion leaders about the real issues affecting the people we care for at much greater depth than the garish web headlines ever bother to offer. Your participation in that good work will enrich us all, and will be apparent to those around you.

So bring in a friend! Our membership will promptly double, and the new faces will remind us to celebrate cycles of change. They will be most welcomed by all of us trudging along that road of happy destiny.

I'm looking forward to my term as President of the LPMA, and frankly, there is no better period to do so than the present. □

## EXECUTIVE DIRECTOR'S MESSAGE



### The Art in Reflection

CATHY THOMPSON, EXECUTIVE DIRECTOR

Where to begin? It's been a year since I wrote to you last. Time is like a blur these days. Sometimes I reflect back with friends and loved ones about how it used to be. We wrote letters and waited for correspondence to come back instead of hitting send on the computer and receiving something back in a matter of seconds! It gets harder for me to actually write

something that's not just a few words and abbreviations. :-)

Sorry for the smiley symbol, I couldn't resist!

Hope your summers are going well. It's been pretty hot here on the coast and mostly sunny days. Now that I live close to my mother's house we are on about an acre of land. On each side of us north and south is woods and on the other side is houses that

are pretty far from ours. The cool thing about this is that I go outside at about 9:30-ish in the morning to drink my coffee and there is the most beautiful shade of blue in the sky I have ever seen. I promise I never saw this color when I lived in the city. Maybe I never took the time to actually sit on the porch and check out the sky while I was having coffee before I don't know. But I sure am glad I had the chance to see this color. I've tried taking pictures of it, however, there is simply no way to capture it except to actually see it. I hope you get the chance to see this brilliant shade of blue,

it's so worth it.

The fall meeting is coming fast. By the time you get this issue it will probably only be days away. We are jointly presenting the event with the Southern Psychiatric Association on September 10-14 and it will be held at the Royal Sonesta. The room block will be gone by the time you read this, however, if you want to attend the meeting we welcome your participation. And I'm happy to help you get a reservation at an alternate facility if you need one. So please call on me if I can assist you. You can access the registration form on the website at [www.lpma.net](http://www.lpma.net). □



## The Latest Medical Morass (Was the Money Worth It?)

MARY JO FITZ-GERALD, MD, EDITOR

Once again, bureaucracy affects the practice of medicine.

The Health Information Technology for Economic and Clinical Health Act (HITECH) of 2009 provided incentives for physicians and healthcare institutions to adopt “meaningful use” of electronic medical records (Menachemi & Collum, 2011). HHS Secretary Sebelius noted in 2013 that more than half of all physicians had received incentive payments due to the adoption of electronic health records (Doctors and hospitals’ use of health IT more than doubles since 2012, 2013). But those physicians attempting to struggle through the quicksand of electronic health records (EHR) may wonder if all the ethical and communication issues far outweigh any benefits.

Just to be fair, benefits, or potential benefits, of EHR exist. Face it; some physicians have “doctor’s handwriting.” Therefore, typewritten notes should be more legible.

Secondly, the use of the same system across different healthcare facilities allows for transfer of information to provide continuity of care. Third, the EHR system allows for e-prescribing to pharmacies around the country. System generated warnings occur for potential drug-drug or drug-disease interactions and may prevent medical errors.

Electronic notes generate a plethora of ethical concerns. Typewritten notes should be legible. Yet, I read some notes that the author hasn’t proofed which make no sense at all. The system UH System uses, Epic, doesn’t allow certain abbreviations. If an unsuspecting physician tries to type “the patient took an OD,” the note generated reads, “the patient took an right eye.” For the abbreviation “DC”, one must choose between the words “discharge” or “discontinue.” I haven’t figured out a way to say Washington, D.C. as the system doesn’t allow that choice. I believe the old adage is, “Garbage in and garbage out.”

Since the templates generate information automatically, the physician may miss certain key elements in the note because she didn’t type it in. Examples include abnormal lab values or vital signs. I had to learn that when I looked at the lab screen, the infectious disease results weren’t obvious though all other lab values were present. I had to open the infectious disease icon to view the results. Thus, I could miss vital information if I didn’t realize that this information didn’t show automatically with all other lab values.

Examining the patient and generating a note takes time. I haven’t talked to anyone, in any practice setting, who feels that the electronic health record saves time. Most are completing notes late in the day. The physician, trainee, or physician extender, resorts to templates to complete the notes in a timely fashion. Templates bypass the “analytic”

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### LPMA RECOGNIZES NEW LIFE MEMBERS

Charles John Chester, MD  
Cecil Clifton Dopson, MD  
John Martin Smith, MD  
Calvin Cecil Walker, MD

### EXECUTIVE DIRECTOR

Continued from page 3

We are planning a DSM 5 and Healthcare Reform training on Saturday, December 13. The workshop will be held at Victory Addiction Recovery Center in Lafayette. CME credit for physicians and CEU’s for nurses, social workers and licensed counselors will be available. Drs. Lee Stevens and Mary Jo Fitz-Gerald will present DSM 5 and Drs. Dean Robinson and Michelle Simon will present Healthcare Reform. Many thanks go to them for taking time away from their practices to train at the American Psychiatric Association. And we really appreciate their bringing this valuable information back to the psychiatrists and mental health professionals in Louisiana. Be

on the lookout for more details as things progress.

Lastly, the Spring meeting will be jointly presented with the Mississippi Psychiatric Association in conjunction with the Louisiana and Mississippi Councils for Child & Adolescent Psychiatry again in 2015. Plans are currently underway to host the meeting on the Mississippi Gulf Coast. We anticipate late February or mid March for the event. As soon as the date and location are firm, communication to you will be on its way.

As always thank you for your valued support of the membership and for providing me this great opportunity to work with you towards the success of the LPMA! □

### Contributions Welcome

Contributions to the LPMA Newsletter are welcome. Both personal and professional items of interest in written or photograph form are sought. Every effort will be made to preserve the spirit and intent of the author when it is necessary to shorten or edit an article. Authors’ opinions do not necessarily reflect the official opinion of the Louisiana Psychiatric Medical Association. Letters to the editor and responses to those letters are also welcome.

E-mail: [mfitzg@lsuhsc.edu](mailto:mfitzg@lsuhsc.edu)

## APA Assembly and Area V Council Meeting Highlights

MARY JO FITZ-GERALD, MD  
LPMA REPRESENTATIVE TO THE APA ASSEMBLY

Dr. Mark Townsend, Deputy Representative to the APA, and I represented the LPMA at the Area V Council Meeting. The Area V Meeting is held jointly with the Assembly meeting in November; in the spring, members meet at an alternate location prior to the Assembly. This year the meeting was held on March 22-23 in Washington, DC. One of the highlights of the meeting was the presentation of Awards from the Area Council to Area V Resident Poster Presentations at the APA. One of the winners of the award was “Atypical behavioral changes in early brain lesions” by Swamy Sureshbabu Sabbenahalli Narayana, MD and Dhruv Modi, MD, who were PGY IV residents at LSUHSCS. Other actions of the Council included discussion of Action Papers for vote at the Annual Meeting. Representatives from each district branch discussed issues of concern to the DB. Candidates for Assembly Speaker and Recorder visited the Council.



Area V Resident Poster winners for “Atypical behavioral changes in early brain lesions” were Swamy Sureshbabu Sabbenahalli Narayana, MD and Dhruv Modi, MD, were PGY IV residents at LSUHSCS.

### Assembly

The Assembly meeting was held May 2-4, 2014 in New York. Mark Townsend, MD, Deputy Representative represented the LPMA as one of my children graduated from college on the evening of May 2.

Melinda Young, MD, Speaker of the Assembly, called the meeting to order. Glenn Martin, MD, Recorder, declared the meeting to have a quorum present and the minutes from the November meeting were approved. Members of the Assembly received reports from the APA President, Jeffrey Lieberman, MD, and the Assembly Speaker, Melinda Young, MD. Dr. Lieberman reported that sales of DSM 5 reached #1 on Amazon and has been a success for APA. Dr. Young reported that she has visited each Area twice and 18 district branches. She mentions that Assembly accomplishments include the Train-The-Trainers meeting in June 2014 (LPMA was represented by Drs. Dean Robinson and Michelle Simon), which derived from an Action Paper introduced in the Assembly. The Assembly generated several Action Papers and a referendum on MOC which have led the ABPN to make several changes in MOC,

including making PIP optional. The Assembly is now turning toward improving VA access to mental health services.

Assembly members received a report from the American Psychiatric Foundation by Dr. James Nininger. The APF is the fundraising and community educational arm of the APA. Dr. Saul Levin serves as the President of the Foundation. Successful APF programs include programs to educate teachers and school administrators about potential mental health problems in adolescents and efforts to improve mental health services for jail and prison populations.

The Assembly voted for Glenn Martin, MD as Speaker-Elect and Daniel Anzia, MD for Recorder.

Dr. Levin reported that APA membership has grown 3.4% over the past year. Dr. Levin also reported that the Assembly has been leading the way. Assembly Action Paper 12E: “Unsafe and Uncontrolled Access to MH Records Affecting 21.5M Veterans” led

to APA action. The Council on Psychiatry and the Law, Ethics Committee, VA Caucus and MH IT has formed a workgroup. Action Paper 8F1: “Revitalizing the Public Perception of Psychiatry” led to significant changes in APA structure, including audit of Communication procedures, hiring of a Chief Communications Officer, and restructuring of APA communications infrastructure. In Government Relations, APA has been more active, introducing legislation on the Hill, and playing a key role in reversing a recent CMS proposal to remove antidepressants and antipsychotics from protected status.

The Assembly heard other reports from APA President-Elect, Paul Summergrad, MD and Assembly Speaker-Elect, Jenny Boyer, MD. Additional speakers included the Treasurer’s Report from David Fassler, MD, a speech by Professor Sue Baile, OBE, FRCPsych, President, Royal College of Psychiatrists, and John Wernert, MD, for the American Psychiatric Association Political

Action Committee (APAPAC).

Jeremy Lazarus, MD, President of the AMA, and Carolyn Robinowitz, MD, member of the APA Delegation to the AMA, also discussed current issues pertaining to both groups.

Past Speaker Ann Sullivan, MD, presented the Assembly Awards. District Branch Best Practice Award was awarded to the Minnesota Psychiatric Society for the efforts of their Executive Director, Linda Vukelich, in developing a web application for making mental health referrals. Runner up in the voting went to Psychiatric Society of Virginia for being best “all around DB” for advocacy, training, and membership participation, recruitment of ECPs, RFMs. The Ronald Shellow Award - for departing members of the Assembly who served with distinction was awarded to Bill Ulwelling, M.D. Dr. Ulwelling has been the conscience of the Assembly, having served the Assembly for 20 years, and having written many Action Papers. He has been a devoted advocate for universal healthcare access. He even succeeded in persuading the New Mexico legislature to pass a constitutional amendment to make universal access a basic human right.

The Assembly reviewed 32 Action papers. Here is a brief synopsis:

2014A1 12.A Multiple Co-payments Charged for Single Prescriptions – passed with proposed changes

cc 2014A1 12.B Elimination of Tobacco Products Sold by National Retailers – approved by consent

2014A1 12.C Maintaining Community Treatment Standards in Federal Correctional Facilities – passed with proposed changes

2014A1 12.D HIPPA and State Restrictions on Duty to Warn – passed with proposed changes

2014A1 12.E Psychiatric Education with Respect to Patients at Risk of Violent Behavior - passed with proposed changes

2014A1 12.F Psychiatrist Patient Relationship and Diverse External Influences in Resolving Danger – passed with proposed changes

cc 2014A1 4.B.2 Proposed Position Statement: Prior Authorizations for Psychotropic Medications – approved by consent

2014A1 12.G Increasing Buprenorphine Prescribing Limits – passed with proposed changes and additional amendment

2014A1 12.H No Punishment for Choos-

## *Everything You Ever Wanted to Know About the Assembly, But Were Afraid to Ask!*

- 1. What is the Assembly?** “The Assembly is a deliberative, advisory body to the Board of Trustees. It represents the individual members of the Association and acts for them in the affairs of the Association.” It also shares decision-making authority in regard to APA position statements, Bylaw amendments, and the approval of the DSM and practice guidelines.
- 2. Who is in the Assembly?** The Assembly is comprised of State Associations (SA) Representatives, District Branch (DB) Representatives, Assembly Allied Organization and Section Liaisons (AAOL), Early Career Psychiatrists (ECP) Representatives, Minority/Underrepresented (M/UR) Representatives, and Resident-Fellow Members Representatives. There are also Deputy Representatives for some of these. The Officers are Speaker, Speaker-Elect and Recorder. Each Area has a Representative and Deputy Representative.
- 3. What are Areas?** The Assembly is divided into seven geographical areas. Five of the areas are comprised of District Branches. The State Associations of California and New York State are each an Area. The LPMA is in Area V.
- 4. When does the Assembly meet?** It meets twice a year – in May at the Annual Meeting and in November.
- 5. Where does the Assembly Meet?** The May meeting is at the Annual Meeting city and the November meeting is in Wash, DC.
- 6. What is an Action Paper?** An Action Paper (AP) is similar to a bill in a legislature.

It is a written document that formulates a particular action that the Assembly is recommending to the APA.

- 7. May I write an Action Paper?** Yes, you may if you have an idea that might be of benefit to our APA, our members, and/or our patients. Although you may and should write the AP, please work with your representative(s), who can guide you and who needs to be involved because the Procedure Code of the Assembly requires that an Assembly member must be listed as the 1st author.
- 8. May I attend Assembly Meetings?** Yes, the Assembly welcomes guests who may observe.
- 9. How do I become a member of the Assembly?** SA and DB Representatives are elected by their SA or DB. AAOL's are elected by their organizations. RFM and ECP Representatives and Deputy Representatives are elected for each Area by each Area Council. MU/R Representatives are elected by their respective groups.
- 10. What are other ways I can get involved in the APA?** You can be active on the chapter, DB, SA or national levels. You particularly could be active in advocacy. In addition, there are many committee roles that you might fulfill.
- 11. Who are my APA Representatives?** Mary Jo Fitz-Gerald, MD, mfitzg@lsuhsc.edu, is the Representative for LPMA. Mark Townsend, MD, mtowns@lsuhsc.edu, is the Deputy Representative. Please contact us at any time for any concerns about the APA or to suggest an Action Paper.

ing Not to Adopt Electronic Medical Records – passed with proposed changes

2014A1 12.I Psychiatric Treatment of High Risk Patient-Community Role – postponed to a time definite in November 2014

2014A1 12.J Patient Satisfaction Surveys and Physician Pay - passed as written

2014A1 12.K Remove Black Box Warning from Antidepressants – passed with proposed changes

2014A1 12.L American Psychiatric Association and Primary Care Organizations Collaboration in the Affordable Care Act Implementation – passed as written

2014A1 4.B.3 Position Statement on the

Psychiatric Implications of HIV/HCV Co-Infection – pulled from the consent calendar, referred back to JRC

cc 2014A1 4.B.4 Proposed Position Statement: The Need to Monitor and Assess the Public Health and Safety Consequences of Legalizing Marijuana – approved by consent

2014A1 12.M Addressing the Shortage of Psychiatrists – passed with proposed changes

cc 2014A1 12.N Area RFM Representative Modality and Opportunity for APA Updates and Education – approved by consent

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## Paul Summergrad, MD, Takes Office as APA President

Paul Summergrad, MD, began his one-year term as president of the APA at the conclusion of the APA Annual Meeting on May 8, and Renée Binder, MD, began her term as president-elect of the APA.

Dr. Summergrad is the Dr. Frances S. Arkin Professor and Chairman of the Department of Psychiatry, and Professor of Medicine at Tufts Medical Center and the Tufts University School of Medicine. Dr. Summergrad, an APA distinguished fellow, has served as President-elect of the APA and Chair of the APA Board of Trustees Ad Hoc Workgroup on the Role of Psychiatry in Healthcare Reform and worked extensively on integrated care issues.

At the APA Annual Meeting Opening Ceremony, Dr. Summergrad noted, “We are in a unique period in the history of psychiatry” and we are seeing unprecedented scientific opportunities. “We have never before had the capacity to image the brain, to see the impact of genetic abnormalities on neurodevelopment, or begin to understand the complex ways our brains shape our perceptions of the world and in turn are shaped by them. We also

live in a world where health care reform is finally being realized and providing opportunities to fully integrate the care of so many of our patients.... These developments are truly once-in-a-lifetime moments that we dare not waste,” said Dr. Summergrad.

Looking to his year as president, Dr. Summergrad outlined four tasks ahead for APA and the field of psychiatry:

- Speak from the best available science.
- Advocate for patients, families and the profession.
- Find straightforward and direct language to communicate about mental health with our patients, their families, and the American public.
- Embrace our role as international leaders in psychiatry.

Other APA leaders who took office after the Annual Meeting include:

Treasurer – Frank W. Brown, MD  
 Trustee-At-Large – Anita S. Everett, MD  
 Area 2 Trustee – Vivian B. Pender, MD  
 Area 5 Trustee – R. Scott Benson, MD  
 Area 6 Trustee – Melinda Young, MD  
 Resident-Fellow Member Trustee-Elect

– Ravi N. Shah, MD

The American Psychiatric Association is a national medical specialty society whose more than 35,000 physician members specialize in the diagnosis, treatment, prevention, and research of mental illnesses, including substance use disorders. Visit the APA at [www.psychiatry.org](http://www.psychiatry.org). □

### 2015 APA National Election

#### CALL FOR NOMINATIONS

- President-Elect • Secretary
- Early Career Psychiatrist (ECP) Trustee-At-Large
- Minority/Underrepresented Representative (M/UR) Trustee • Area 1, 4 & 7 Trustees
- Resident-Fellow Member Trustee (RFMTE)

*Nominations and letters of recommendation can be forwarded to [election@psych.org](mailto:election@psych.org). The deadline for nominations is October 1.*

More information at [www.psychiatry.org](http://www.psychiatry.org) under Board of Trustees.

## AREA V COUNCIL

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2014A1 12.O An Electronic Handbook or Best Practices Guide for Individual Training Programs - withdrawn by author

2014A1 12.P ABPN 2015 Exam Expectations - passed with proposed changes

2014A1 12.Q Industry Sponsored (Supported) Symposia – defeated by vote by strength

2014A1 12.R Allow Deputies to Vote – postponed to a time certain in November

2014A1 12.S APA Referendum Voting Procedure - approved as written

2014A1 12.T Task Force on DSM-5 Conflict-of-Interest Management Processes – defeated

2014A1 12.U Creation of a President’s Award for the District Branch with the Highest Percentage of Voting – passed with proposed changes

cc 2014A1 12.V Reinstatement of the Committee on Persons with Mental Illness in the Criminal Justice System – approved

by consent

cc 2014A1 4.B.1 Proposed Position Statement: Psychotherapy as an Essential Skill of Psychiatrists – approved by consent

2014A1 12.W A Revision in the Identification of American Psychiatric Association-Affiliate Associations or Societies – defeated

2014A1 12.X Patient Safety and Veterans Affairs Medical Center Participation in State Prescription Monitoring Programs – approved with proposed changes

cc 2014A1 12.Y An Electronic Orientation Manual and Orientation Conference Call for ACORF – approved by consent

2014A1 12.Z Facilitating Communication among Psychiatrists and APA Leadership

– passed with proposed changes

2014A1 12.AA Creation of a New APA Affiliate Group – defeated

The Southern Psychiatric Association was approved for membership in the Assembly. A proposal of recommended Amendments to the APA Bylaws in order to comply with the Non-Profit Corporation Act of 2010 was approved by the Assembly in a vote by strength as required.

Proposed Annotations to Section 9 of the APA’s Principles of Medical Ethics with Annotations Especially Applicable to Psychiatry were unanimously not approved by the Assembly. □

**2015 UPDATE ON PSYCHIATRY:**

Continuing a Proud 23 Year Tradition

Presented by **PSYCHIATRY**  
COLLEGE OF MEDICINE

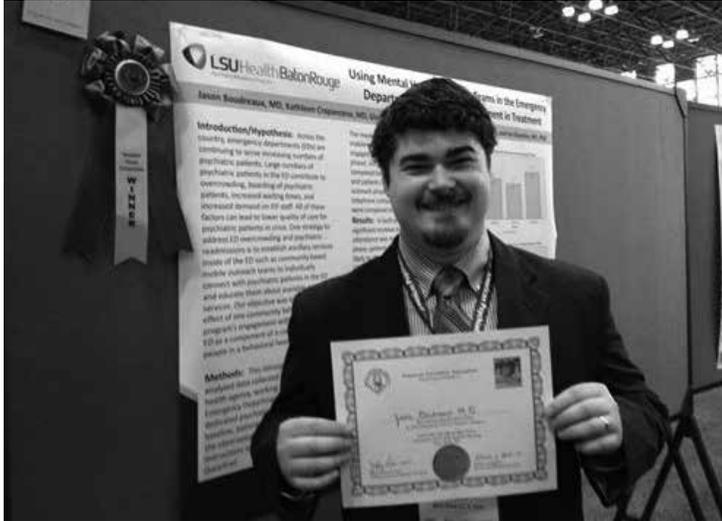
**FEBRUARY 16-19, 2015**

In collaboration with  
Arizona Psychiatric Society,  
Arizona Psychological Association

JW MARRIOTT STARR PASS RESORT, TUCSON, AZ

## LSU-Baton Rouge Residency Program Update

KATHLEEN CRAPANZANO, MD  
LSU-LOL PSYCHIATRIC RESIDENCY PROGRAM DIRECTOR



Jason Boudreaux, MD, won the resident poster competition at the APA meeting in the spring.

Greetings from Baton Rouge! As our residency program matures, there have been lots of changes around us, hopefully affecting the psychiatric landscape in Baton Rouge for the better. Our faculty has grown from the initial four hard working psychiatrists at Our Lady of the Lake to fifteen full time psychiatrists. Six psychologists from the community and LSU main campus are working and teaching with us as well. We have 18 residents currently and will welcome a class next summer to reach our goal of 24 residents.

Along with an increase in the number of psychiatric inpatient beds at Our Lady of the Lake, we now have a resident psychiatric rotation in the emergency department, a resident consultation-liaison service supporting the main hospital and a new resident run clinic with a greatly reduced fee schedule, making it accessible to people in the community.

Our faculty has represented

us nationally with presentations and publications and we were honored this spring to have two residents present research posters at the APA meeting in New York City. A big congratulations to Jason Boudreaux, MD, who won the resident poster competition.

LSUHSC has continued to expand its footprint here as well. Baton Rouge was approved as a branch campus of the LSU New Orleans medical school this year. We welcomed the first group of students who will complete their final two years of medical education with LSU at Our Lady of the Lake this July.

After this period of intense growth and expansion, we are looking forward to a period of calm and further refinement and development of our program. We will graduate our first class in June 2016 so if any of you want to expand your workforce, let us know. We want to keep these young doctors in the state if we can. □

## LSU-NO Program Updates

ERICH CONRAD, MD  
RESIDENCY PROGRAM DIRECTOR

The LSU-Ochsner Psychiatry Residency Training Program in New Orleans is enjoying its 15th year as a collaborative effort between LSU Health Sciences Center and Ochsner Medical Center. The program is excited at the prospect of the new University Medical Center in New Orleans opening in May 2016, with our residents providing care on the inpatient units, in the emergency department, throughout the hospital in consultation, and imbedded in specialty outpatient clinics – such as the HIV, High-Risk OB, GI, Oncology, Bariatric, and Trauma Surgery clinics. It is anticipated that the new hospital, with many “destination programs,” will provide an excellent venue for graduate medical education, research and patient care.

In addition to the collaborative care models at the Interim LSU Hospital, the residents also have the opportunity to participate in the Mental and Behavioral Health Capacity Project (MBH-CP). The MBHCP within the Gulf Region Health Outreach Program is providing much needed mental and behavioral health treatment and longer-term supportive services to improve the overall wellbeing of individuals, families, and communities affected by the Deepwater Horizon oil spill. LSU Health Sciences Center is one of four academic institutions across the Gulf that are working collaboratively to provide patient

centered integrated care to those areas most heavily impacted.

In furtherance of the LSU-Ochsner program’s mission to patient care, research and community service, the residents have also been involved in innovative education with medical students, such as the resident-run Psychiatry portion of the Critical Concepts course for 4th year medical students. In this course, PGY4 residents and the Psychosomatic Medicine fellow instruct medical students on the diagnosis and management of Delirium utilizing web-based modules and simulation mannequins in the Isidore Cohn, Jr., MD Student Learning Center.

The resident experience at Ochsner Medical Center continues to provide a solid foundation in all aspects of care with an emphasis on multidisciplinary treatment. At Ochsner, the residents are offered the opportunity to train in a stimulating environment where teaching and clinical practice are carefully balanced. In addition to an extensive seminar and grand rounds schedule, the Department of Psychiatry also sponsors an active monthly lecture series, which brings renowned psychiatrists to Ochsner. Numerous opportunities for both formal and informal supervision provide the residents with a rich learning experience.

Overall, the residency is thriving, and we look forward to the future. □

### OFFICE SPACE AVAILABLE IN MANDEVILLE, LA

- Great location at 5150 Hwy 22
- Approximately 2 miles to/from North Causeway Blvd.
- 1000 - 3400 square feet spaces available
- Ample parking

If interested, please email [Ashley@Kostmayer.com](mailto:Ashley@Kostmayer.com) or call 504.616.5895.

# Updates from Tulane Child Psychiatry and Triple Board Training Programs

MARY MARGARET GLEASON, MD  
TRAINING DIRECTOR AND ASSISTANT PROFESSOR

Here at Tulane, we are excited to be starting the new academic year and welcoming five new residents, new rotations, and a new chair. We are thrilled that three of the four 2014 graduates, Ashley Albarado MD, Megan Crochet MD, and Megan Thompson DO, remain our Louisiana colleagues. In the child psychiatry training program, the welcomes are more like reunions. Jennifer Creedon MD and Kankshi Thakur MD were both Tulane medical students who completed four years of general psychiatry training at Oregon and New Mexico respectively before returning to New Orleans and Tulane. Both excelled as general psych residents and return with new skills and expertise. In the triple board program, PGY 1's Rohail Kumar MD from Pakistan's prestigious Aga Khan University and Maggie Whelan MD PhD from the closer but equally prestigious University of Pittsburgh both join us with impressive research backgrounds in addition to their clinical skills. Tessa Kleyn MD, who completed a PGY 1 year at University of South Alabama in pediatrics, is following her calling and is now a PGY 2 resident here at Tulane as well!

## 2014 Bick Awards

The Bick Award is given each year to the graduating medical student from each of Louisiana's medical schools who demonstrate outstanding achievement and promise in psychiatry. This year LPMA gave the \$500 award to Gabriel Fette from Tulane Medical School, Parker B. Jones from LSUHSC in New Orleans and Brandon Scott Pruett from LSUHSC in Shreveport.

The Bick Award was established in 1970 by LPMA in honor of John W. Bick, Jr., MD. Dr. Bick was an excellent general psychiatrist who was open to new ideas, well versed in both the biological modes of treatment and in psychodynamics, and highly respected as a clinician. LPMA member, John W. Bick III, MD who is listed among the "Top Doctors" in New Orleans, is his son.

The new year also brings exciting new clinical rotations for the residents in partnership with community agencies.

- Top among them is an intensive day program for school aged children housed in the SciTech Renew Charter School here in New Orleans, led by Ashley Wiese DO and Monica Stevens PhD. Residents are involved with the development of the clinical program from the ground up and we are enthusiastic about bringing intensive clinical care to children with severe mental health problems to the place where children spend their time. The educational, academic, and service opportunities in this setting are boundless!

- Our partnership with Metropolitan Human Services District is also evolving. This year, residents and psychology interns in the clinic will provide evidence-informed therapy and pharmacotherapy in three specialty clinics: Complex ADHD, Trauma Clinic, and the Metropolitan-Tulane Infant Mental Health Services. The innovative service model will enhance the quality of care children in the public sector receive and give our trainees a chance to learn to deliver a wider range of therapeutic modalities.

- We've also expanded our partnership with the Jefferson Parish School System to allow general psychiatry residents opportunities to see children and adolescents in their natural settings and learn about pediatric psychopathology as well as normal development.

- Lastly, many child psychiatry and triple board residents are involved in a popular child psychiatry rotation for pediatric residents, that includes teaching the pediatric residents child psychiatry in the pediatric primary care clinic.

All in all, an exciting set of new rotations!

Although it is early in the year, residents are taking on exciting leadership positions. Lauren Teverbaugh MD, triple board PGY 3, is serving as the liaison between the AACAP and AAP (American Academy of Pediatrics) resident national committees. She is the first resident ever to serve in this important role! Triple board senior residents are leading processing groups for the pediatric residents to facilitate transition into residency and

# LSU-Shreveport Program Update

MARY JO FITZ-GERALD, MD  
RESIDENCY TRAINING DIRECTOR

The LSU Health Sciences Center Shreveport Psychiatry Department of Psychiatry continues to do well with Rita Horton, MD, as Chair. The last year has brought changes with the privatization of the hospital. The primary teaching site is University Health Shreveport. University Health Conway is an affiliate.

Mary Jo Fitz-Gerald, MD, became Residency Training Director in 2013. There are 28 general psychiatry residents. Graduates in 2014 include: Smink Sangsura, Suresh Sabbenahalli, Uzma Ahmad, and Dhruv Modi. The Child and Adolescent Fellowship Program with Dr. Horton as Director has four child and adolescent fellows. Graduates of the child and adolescent program were Katie Smith and Raj Wadyal. Robert Lee and Sarah Wakefield completed the Forensic fellowship directed by Mark Colon, MD, in 2014.

The Department welcomed new faculty members who returned home last year. Gary Booker, MD, returned to a faculty position as Director of Psychiatry Emergency Services. Ameeta Manhas, MD, who graduated from the residency in 2012 and completed a geriatric fellowship, returned as Director of the Psychiatry Consult Service.

The Medical School continues to grow and add to our physician workforce. We reached a new high of 125 freshmen students in 2014 with plans for continued expansion in the future. Plans call for new buildings in the future to accommodate the expansion. □

effective communication. These groups are highly valued by the pediatric residents. A number of residents are in the process of submitting manuscripts for peer review and have been nominated for national positions in the AACAP and ACGME. We look forward to being able to announce these publications and positions.

Finally, our training programs welcome Dr. John Thompson as our new chair! We look forward to his leadership and support for ongoing clinical and educational innovations in child psychiatry and triple board. □

## Annual Resident Meet & Greet at Dr. & Mrs. Kris Kaliebe's Home

The annual party at Dr. Kaliebe's home was its usual success again this year. Great music by our own Dr. Rob Dahmes and "The Prescriptions" and lots of fun, food and good spirits was the theme. A special thanks go out to Dr. & Mrs. Kaliebe for sharing their beautiful home in New Orleans for the occasion. This just keeps getting better every year! □



## Michael Scheeringa, MD, Named Vice Chair for Research at Tulane

Michael Scheeringa, MD was appointed to the position of Vice Chair of Research for the Department of Psychiatry and Behavioral Sciences at Tulane. He is currently the holder of the Remi Gonzalez, MD Pro-



fessorship in Child Psychiatry, and brings a wealth of knowledge and skill to the position including major research experience in childhood posttraumatic stress disorder (PTSD).

As the newly appointed Vice Chair for research he will be expected to develop the adult research component of the department with the simultaneous development of adult and child outpatient clinic experiences. Specialty clinics will be developed in an effort to deliver greatly needed research-based,

best-practice models of care delivery to the community. The goal of this position is to enhance teaching, research, and service delivery to the Tulane community and the greater New Orleans Area. Dr. Scheeringa will also be appointed to the Department Executive Finance Committee and Executive Management Team to help guide the department into an exciting future of enhanced research and service. □

### METAIRIE OFFICE SPACE

Metairie (N. Causeway Blvd.) high-rise, secure office space for psychiatrist, psychologist, or LCSW in an established practice. Secretarial and electronic billing support available. 24-hour answering service, free parking, and security officer after 5 PM weekdays and on Saturday mornings. 153 square feet with a great view of Lake Pontchartrain. Call 504-838-9919.

### DSM 5 & Healthcare Reform: Policy & Practice in Psychiatry Training

Saturday, Dec. 13, 2014

Victory Addiction Recovery Center  
111 Liberty Avenue  
Lafayette, LA 70508

DSM 5 Faculty  
Drs. Lee Stevens &  
Mary Jo Fitz-Gerald

Healthcare Reform Faculty  
Drs. Dean Robinson & Michelle Simon

For more information, please contact  
Cathy Thompson at 225.761.3718 or  
cathy@lpma.brcoxmail.com.

# FALL MEETING

Louisiana Psychiatric Medical Association & Southern Psychiatric Association Present

## Psychiatry in a Changing Healthcare Environment

14.0 CME Credits • September 10 - 14, 2014 • Royal Sonesta Hotel • New Orleans, LA

### Wednesday, September 10

2:00 – 4:00 p.m. Registration  
6:00 – 8:00 p.m. Meet & Greet Informal at Local Jazz Club

### Thursday, September 11

8:00 – 5:00 p.m. Registration  
8:30 – 10:30 a.m. SPA Committee/ Council Meeting/ followed by Moderator Meeting/Continental Breakfast  
1:00 – 4:00 p.m. Exhibit Set-up  
12:20 – 12:30 p.m. Welcome/Introductions/ Program Review  
12:30 – 1:30 p.m. Arthur Freeman, MD  
Prodomal Schizophrenia: Diagnostic and Ethical Considerations  
1:30 – 2:30 p.m. Richard Bogan, MD  
Insomnia: A Review of Central Nervous System State of Hyperarousal  
2:30 – 3:00 p.m. Refreshment Break  
3:00 – 4:00 p.m. Mary Margaret Gleason, MD  
Trends in Pediatric Psychopharmacological Treatment  
4:00 – 5:00 p.m. Dean Robinson, MD  
Substance Use in the Military  
Evening Dinner on own

### Friday, September 12

7:00 a.m. – 12:30 p.m. Registration & Exhibits  
6:45 – 7:00 a.m. Breakfast Buffet Provided by PRMS  
7:00 – 8:00 a.m. David Cash, JD, LLM  
Assistant Vice President, Risk Management  
Professional Risk Management Services  
Paging Dr. Blog  
8:00 – 9:00 a.m. John Hendrick, MD  
Advances in Behavioral Neurology:  
A Review and Primer for Psychiatry  
9:00 – 10:00 a.m. Robert Roca, MD  
Controversies in the Treatment of Dementia

10:00 – 10:30 a.m. Refreshment Break  
10:30 – 11:30 a.m. Ryan Hall, MD  
Death Penalty Ramifications of Hall vs. Florida  
11:30 a.m. – 12:30 p.m.  
Glenn Treisman, MD  
Will the Real Bipolar Disorder Please Stand Up: Diagnostic Issues and Diagnosis Inflation  
12:30 – 1:30 p.m. Business Meetings – SPA  
LPMA Committee Meeting(s)  
1:30 p.m. Leave for WWII Museum  
6:30 – 8:00 p.m. Joint Reception

### Saturday, September 13

7:30 a.m. – 12:45 p.m. Registration & Exhibits  
7:30 – 7:45 a.m. Continental Breakfast  
Announcements & Introductions  
7:45 – 8:15 a.m. Speaker – Resident Research Award presentation  
8:15 – 9:15 a.m. Mark Komrad, MD  
Whose Information Is It Anyway? Ethical Issues in the Age of Electronic Health Records  
9:15 – 9:45 a.m. Refreshment Break  
9:45 – 10:45 a.m. Kimberly Gordon, MD & Vivianne R. Aponte  
Rivera, MD – Panelist - Marjorie Person, MD  
Developing an Environment for the Early Career Psychiatrist to Maintain a Work Life Balance  
10:45 – 11:45 a.m. Jay Scully, MD  
Health Care Reform  
11:45 a.m. – 12:45 p.m. SPA Presidential Address – Jim Bouknight, MD  
Neuroeconomics  
12:45 – 1:45 p.m. LPMA General Membership Meeting/Lunch  
6:30 – 7:30 p.m. Chris Rodgman, MD  
Does Batman Belong in Arkham Asylum? A Brief Journey into the Twisted Psychiatric Universe of the Dark Knight  
7:30 p.m. Farewell Dinner

### Registration Form

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Office Phone \_\_\_\_\_  
Fax \_\_\_\_\_  
Cell \_\_\_\_\_  
Email \_\_\_\_\_

Please return this form on or before Friday, Sept. 5, 2014. Mail or fax to LPMA, 9655 Perkins Rd., #C-152, Baton Rouge, LA 70810 or 228.215.1256 respectively. Please do not email this form with your credit card information as there is no secure site to use.

Check or Money Order Enclosed

Card Type \_\_\_\_\_  
Total Amt. \_\_\_\_\_  
Card # \_\_\_\_\_  
Exp. Date: \_\_\_\_\_ 3-4 digit code \_\_\_\_\_

#### Registration Fees

4-Day Registration  
 SPA Member (includes farewell dinner) \$495  
 LPMA Member (excludes farewell dinner) \$395  
 Non-Member (includes farewell dinner) \$500  
 Early Career (1-3 yrs. Post training) \$395

#### Daily Rate: Please specify day(s)

MD's/DO's \$175  
 Spouses & Guests \$195  
 Resident-Fellow Members \$150

#### Special Event Registration

Farewell Dinner (Non-SPA Member) \$95  
 World War II Museum Adults \$25, Seniors \$21  
 New Orleans Cooking School \$25

Name(s) of attendees: \_\_\_\_\_

Special dietary needs: \_\_\_\_\_

For more information, please contact Cathy Thompson at 225.761.3718 or by email to [cathy@lpma.brcocmail.com](mailto:cathy@lpma.brcocmail.com). You may also register on line at [www.lpma.net](http://www.lpma.net).

# 2014 Spring Meeting

General Membership Business Meeting Minutes (Draft)  
Saturday, March 29, 2014

Those in attendance: Ann Arretteig MD, M. Kaleem Arshad, MD, Marc Colon, MD, Rob Dahmes, MD, Mary Jo Fitz-Gerald MD, Pat O'Neill, MD, Dean Robinson, MD, Michelle Simon, MD, Lee Stevens, MD, Mark Townsend, MD; Guest attendees: Saul Levin, MD

## Meeting Minutes

Approval of 2013 Spring Meeting General Membership Business Meeting Minutes were postponed pending the presentation of actual minutes from the meeting.

## President's Report

Dr. Stevens welcomed everyone to the meeting and asked for a moment of silence in memory of Dr. William McBride.

## Chapter President's Reports

Dr. Stevens reported that the Northern Chapter provided a resident welcome party that was well attended and well received. Discussion was held about how to re-energize the Chapters. Dr. Dahmes stated that survey results completed in 2013 indicate that the top three types of activities members would likely participate are: CME, Professional Development and Adult Social, respectively. It was indicated that DSM 5 trainings will continue throughout the state as a tool to recruit and retain members.

## Treasurer's Report

Dr. Dahmes reviewed the results from the March 27, 2014 Schexnayder Fund Committee meeting (appended). Based on the investment portfolios submitted by Regatta

and Eagle Capital the overall value of the funds increase is \$26,000. Based on these results, he recommended the following:

1. To allow Regatta and Eagle Capital to exhibit at LPMA events allowing the membership to have access to talk with them directly about LPMA investments as well as for their own personal interests.

2. Continue to maintain a Money Market account in case of immediate fund needs rather than roll all funds into long-term investments with Regatta and Eagle Capital.

3. To float award and grants to residents/fellows from year to year based on investment returns including the Bick Awards, the Resident Excellence in Psychiatry Awards and Resident travel grants (up to 16 per yr).

Dr. Dahmes also reviewed the 2013 year-end financial report.

## Membership Report

Dr. Townsend provided an update of the program residents-fellows. It was also stated that three LPMA members were selected by the APA to be honored as Distinguished Fellow and Distinguished Life Fellow - Drs. Michelle Simon and M. Kaleem Arshad, Distinguished Fellows and Dr. Rob Dahmes, Distinguished Life Fellow. Congratulations was extended to these members for their contributions to psychiatry.

## Ethics

Nothing to report. Dr. Colon mentioned that ethics committee members need to be appointed to assist him in

review of potential cases that may arise. Mrs. Thompson is to report back the process for appointing ethics committee members.

## APA Report From Dr. Saul Levin

Dr. Levin provided an update of items being addressed by the APA. He mentioned that his goal is to expand communication with district branches by hosting a monthly or quarterly phone conference with DB Executive Directors to discuss issues at the local level. Dr. Levin also provided information about the APA Foundation and passed out brochures about the use of the funds and how members can contribute. Appreciation was extended to Dr. Levin for his participation.

## Assembly Report

Dr. Fitz-Gerald stated that Dr. Townsend will be attending the May APA assembly meeting in her place, as one of her children will be graduating from college on the evening of May 2nd. A report from the assembly meeting is planned to be included in the summer newsletter.

## Governmental Affairs

Dr. O'Neill provided an update of the mental health facilities that have closed and/or have become privatized across the state.

## Child & Adolescent Psychiatry

Dr. Dahmes reported that Louisiana and Mississippi Child & Adolescent Psychiatry Councils held a business meeting in conjunction with

## LPMA Members Recognized as "Best Doctors" in New Orleans Magazine

LPMA congratulates 35 of its members who were recognized by New Orleans Magazine as some of the "Best Doctors" in the New Orleans area.

Each year, New Orleans Magazine partners with Best Doctors, Inc. which surveys doctors nationwide, asking them for an assessment of the clinical abilities of their peers and yielding highly qualitative insight into the medical profession.

James G. Barbee  
J. Robert Barnes  
John William Bick III  
Ted Bloch III  
Charles Chester  
Charles Calvin Coleman  
Erich J. Conrad  
Maria Cruse  
Robert Dahmes  
Richard F. Dalton Jr.  
Stacy Drury  
Daphne Ann Glindmeyer  
Douglas William Greve  
W. Scott Griffies  
Milton L. Harris Jr.  
Rick Henderson  
Janet Elaine Johnson  
Donna M. Mancuso  
Cecile L. Many  
Craig W. Maumus  
Christopher D. Meyers  
Andrew E. Morson  
Howard Joseph Osofsky  
Nicholas G. Pejic  
Arwen Podesta  
Dean Edward Robinson  
Alvin Martin Rouchell  
Alphonse Kenison Roy III  
Janet Seligson-Dowie  
Marilyn M. Skinner  
John Walter Thompson Jr.  
Mark Harold Townsend  
Daniel Keith Winstead  
Jason Murphy Wuttke  
Charles Henry Zeanah

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### Aretta Rathmell, MD March 28, 1938 - Dec. 26, 2013

LPMA lost one of its finest when Dr. Aretta Rathmell died on December 26, 2013.

Aretta was born in Plainview, Texas, and grew up in Lubbock. Her unique name was a hybrid formed from the names of her mother, Ara Mae, and her aunt, Etta.

Aretta received her BS in chemistry at Texas Tech. She then came to New Orleans for medical school at Tulane where she was one of only five women in her med school class. Even her mother did not approve of her going to med school. But Aretta was determined and received her MD in 1963. So proud was she of this accomplishment, Aretta wore her graduation ring from Tulane her entire life.

After Tulane, Aretta did her internship at Southern Baptist Hospital in New Orleans and then returned to Texas where she did some training in Internal Medicine at Parkland Hospital in Dallas before doing a psych residency at Timberlawn Hospital, also in Dallas. There she was mentored by Dr. Jerry Lewis, a good friend of the Tulane psychiatric community. Jerry used to come regularly to New Orleans to lead grand round presentations at Tulane.

During her training years, Aretta had three children: a daughter born in New Orleans and two sons born in Dallas.

Aretta was the first female hired at Timberlawn. But even that posed a challenge for this female of firsts. For at the time, Timberlawn required its staff to own shares of stock in the hospital. And, under Texas law then, married women could not own stock in their own names. So Timberlawn had to go to the Texas legislature to get the law

changed for Aretta.

In the 1970s Aretta had four craniotomies because of an abscess in her parietal bone. In fact, in 1972 she was given six months to live. But with a series of hyperbaric treatments and later some new antibiotics she was able to continue both her life and her career.

Aretta moved her family to Lake Charles in 1978. She became involved in forensic work with criminal cases long before forensic psychiatry became a recognized subspecialty. For her pioneer work in this area she was recognized by the Louisiana Bar



From left: Helen Ullrich, MD, Aretta Rathmell, and Charlene Smith

Association.

Aretta became active in LPMA rising to the presidency in the late 90s after which she became involved with Dr. Dudley Stewart as a district branch representative to the APA. Twice a year she and Dudley would make the semiannual APA legislative and public affairs workshops in Washington, DC and would visit the offices of Louisiana's representatives and senators to lobby for mental health issues. She was also active with Quality Assurance and chaired LPMA's ethics committee for a number of years. Additionally she was a Deputy Sheriff in her hometown parish and a Major in the Army

### John J. Straumanis, Jr., MD 1935 - 2013



I met John initially via the Society for Biological Psychiatry. At the time he was in Philadelphia, PA but soon took the Chair at LSU-Shreveport and moved to Shreveport. In 1992, we recruited him to Tulane as Professor of Psychiatry and Director of Psychiatric Research. He remained on the Tulane faculty until Katrina in 2005. He then moved to Laurel, MD to be close to his son and grandchildren. He died December 16, 2013.

He was a researcher in the field of quantitative EEG and psychopharmacology. My fondest memories of him were when he would attend our Grand Rounds and question the speaker afterwards and of course, our visits to his house to watch Super Bowls where his wife, Carol would put on quite a spread.

I miss him all of the time, but particularly when he is not at our Grand Rounds.

*Submitted by Dan Winstead, MD. □*

limited energy. And she rarely, if ever, took no for an answer. She was tireless in pushing for mental health equality on both the state and federal levels.

However with the coming of the 21st century, medical issues began to catch up with Aretta. She developed some inner ear problems and heart problems. Then her Parkinsonism became more difficult to control. In 2004 she suffered a series of strokes which forced her to finally retire. A year later she sold her home in Lake Charles (which was totally destroyed a few months later in Hurricane Rita) and moved to Springfield, Ill. where her daughter resides. But even all these difficulties didn't keep her down for long as she became the first president of her homeowners' association in Springfield.

However her health problems continued and by 2013 she was unable to live by herself. Her dear friend and LPMA former president, Dave Reese, went up to Springfield and stayed with her for six weeks while her daughter found some assisted living ar-

Reserves.

I had the privilege of being on the board of the LPMA during Aretta's tenure as president. I was very impressed by her never failing to miss a meeting. She took off Fridays in order to visit all the cities and towns in Louisiana where there were psychiatry training programs and LPMA members. She dedicated a lot of her time to meeting with residents and encouraging them to become involved in organized medicine. She was also very active in our state medical society (LSMS).

Aretta was a tiny person in stature but she had a dynamo personality with seemingly un-

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## Ralph Slovenko, MD

Nov. 4, 1926 - Nov. 3, 2013

A truly brilliant scholar in the fields of both psychiatry and law died this past fall. Although he lived the past 40 plus years in Detroit, Ralph Slovenko was never far away from his hometown of New Orleans and his alma mater, Tulane.

Ralph was born and bred in the Crescent City. He received his bachelor's degree, a master's degree and a PhD in psychodynamics from Tulane. On top of that he added a law degree from Tulane. He was a Fulbright scholar in France and earned certificates in international law from The Hague in the Netherlands and from the Sorbonne in Paris.

In 1969 Ralph became a professor of law and psychiatry at Wayne State University in Detroit. He also taught at Tulane, the University of Kansas and the Menninger Institute in the USA and he was a visiting professor in South Africa, the Netherlands and Israel. He lectured in Japan, Australia and Russia. His wife of some 20 years is from Russia. Naturally he was multilingual speaking five languages according to one account.

Ralph's specialty was forensic psychiatry. He literally wrote the book, or books, on the subject. His *Psychiatry and Law*, published in 1973, won the APA's Manfred Guttmacher Award and was a Book of the Month Club selection of the Behavioral Science Book Club. His *Psychiatry in Law/Law in Psychiatry* went into a second edition in 2009.

Ralph was a prolific writer authoring hundreds of articles and 10 books. I forget who introduced me to him back in the '80s when I became editor of this newsletter but we quickly became friends often getting together to share a good meal at

a local restaurant when he was in town, which was not infrequently. Ralph loved New Orleans and its culture. I could always count on Ralph to deliver an interesting article for our newsletter when I needed some extra print. Besides law and psychiatry, Ralph loved to write about the evils of the automobile and its deleterious effect upon our society and environment—this from a man who lived half of his life in Motown. Or maybe because he lived there.

Ralph was something of a Luddite which might account for his loathing cars. He continued to use a typewriter long after the PC came of age. I would often have to scan or retype into my PC the articles he sent me for our newsletter. Later he got his secretary to type the articles on her computer and send me the discs. During the time of our correspondence he never had an email address which meant using snail mail or my having to call him at home at night to discuss anything. Once we tried corresponding through his secretary's email, but that didn't work out very well. She would print out my email, stick it on his desk. He'd jot down some comments on the sheet, stick it back on her desk and she'd then email me back. But if one of them was out for the day or week, the process would break down and then we would have to play telephone tag. But I never failed to enjoy reading the articles and books he sent me.

What many people don't know about Ralph was that he completed a psychiatry residency at Tulane during the tenure of Bob Heath. Bob was not timid about thinking outside the box. In the '60s, I think, he experimented with allowing three lay people

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## Paul Dean Ware, MD

Jan. 5, 1934 - Feb. 18, 2014

The LPMA notes with sadness the passing of one of our brightest beacons, leaving us with both sorrow and a host of unique remembrances. Dr. Paul Dean Ware retired from his long practice of life in service of medicine, psychiatry, his community, and his extended family on February 18 this year.

Dr. Ware grew up in the piney woods of North Louisiana, graduated magna cum laude from Centenary College of Shreveport in 1956, and then continued his studies at Tulane School of Medicine, receiving his doctorate there in 1960. After an internship in Baltimore, he returned to Tulane for his residency in Psychiatry & Neurology, and was selected as Resident of the Year in 1964.

Dr. Ware returned to Shreveport in 1966 and began his career as a private practitioner in partnership with Dr. Earl Harris. He continued this service to the community through his office at Southfield Road for over 45 years. Along the way, he developed and offered many strong and ongoing opportunities for interdisciplinary training and personal growth that helped shape many lives and careers.

Dr. Ware was very active with a wide variety of interests, both professional and personal. He was a consistent and creative presence within the LPMA for many years, serving in a variety of leadership roles. He pioneered development of outpatient, residential and preventative treatments for young people with substance use disorders as a founder of CODAC. He volunteered his services to the residents of the Holy Angels School for decades. He was an avid outdoorsman who built a remarkable retreat in Jackson Hole, which he shared



with many. He was also father and mentor to his five children, all of whom have also followed unique and creative paths.

Rather than kicking back, he took on major new challenges during his last two decades. In 2003 he became Acting Head of the Department of Psychiatry at the LSU-Shreveport School of Medicine. He stayed on to serve as Chairman of the Department from 2006-2009. During his tenure the Department expanded significantly, filling gaps and developing training opportunities throughout North and Central Louisiana.

Dr. Ware finally retired as an Emeritus Professor in 2009, and then devoted the remainder of his time and energies to enjoyment of his family and graceful adaptations to his own humanity. Though he will be missed, his presence is still felt throughout our association and the extended community, and he leaves us with a strong legacy of dedicated service and commitment to our patients and our profession.

*Submitted by Dean Robinson, MD, LPMA President. □*



CGI Staffing Solutions, Inc. is conducting a search for a full time Psychiatrist in the Lake Charles, Louisiana area. The position is responsible for the management and administration of community-based addictive disorders, mental health, and developmental disability services for a five-parish area (Allen, Beauregard, Calcasieu, Cameron and Jefferson Davis). This agency has approximately 125 employees and a budget of approximately \$13 million.

Lake Charles, Louisiana is located in the heart of Southwest Louisiana; two hours east of Houston, Texas and three hours west of New Orleans, Louisiana. Both our personalities and weather are warm and the city boasts of a diverse blend of; cajun culinary creations, live music at trendy nightspots, inviting golf greens, glitz of casino gaming, over seventy-five fairs and festivals, and year round fishing and hunting.

### **Essential Job Functions:**

- Provide consultation and direct care for clients who present with mental health and addictive disorders; this includes crisis intervention and evaluation when needed.
- Review diagnosis, evaluation and treatment plans in collaboration with clients and/or interdisciplinary staff as appropriate.
- Prescribe and administer medication, monitors client's biological and psychological response, providing education about prescribed medications; this includes crisis intervention and evaluation when needed.
- Responsible for patient management with a multidisciplinary team consisting of other clinical and nursing staff.
- Complete medical records and other documentation in a timely and accurate manner in accordance with policy and procedures. Actively contribute to the functioning of the treatment team, informing members of issues impacting care in a succinct and timely manner.
- Maintain knowledge of agency technology programs and/or systems needed to do the job and use them effectively.

### **Minimum Qualifications:**

- Licensure to practice medicine in the State of Louisiana
- Board certification or eligibility in Psychiatry
- Expertise in use of psychotropic drugs for wellness recovery
- Ability to communicate information and ideas in speaking and written form so that others can clearly understand
- Outstanding organizational skills and attention to details
- Requires cultural proficiency that supports work with individuals from all racial, cultural, socioeconomic, and religious backgrounds and any sexual orientation
- Ability to be a team player with a welcoming attitude
- Demonstrated commitment to the welfare of individuals and families with mental/behavioral health issues
- Knowledge of principles, methods, and procedures for diagnosis and treatment of mental illness and addictive disorders
- Knowledge of the information and techniques needed to diagnose and treat Mental Illness, Addictive Disorders, and co-morbidity. This includes symptoms, treatment alternatives, drug properties and interactions and preventative health care measures
- Knowledge of human Behavioral and performance in the social environment; individual differences in ability, personality, interests; and learning and motivation
- Complex problem solving: identifying complex problems and reviewing related information to develop and evaluate options and implement solutions
- Critical thinking skills: using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems
- Service orientation skills: actively looking for ways to help people

Please submit resume' to [wendy@careergoalsinc.com](mailto:wendy@careergoalsinc.com) or mail to

P. O. Box 4584

Lake Charles, LA 70606

EEO Employer

## MEDICAL MORASS

Continued from page 3

aspect of note writing crucial to experienced physicians.

Repeating information from prior notes, “cloning,” or the use of “copy and paste” from prior notes needlessly repeats information which may not be correct for the current visit. The use of these tactics also allow for “up charging” for visits. Since billing requires a certain number of bullets to bill a certain level, there’s always the temptation to “pad” the note. A simple med check for prescription renewal provides an opportunity to bill a higher level if additional points are added to the history and examination. Some electronic records generate a billing code based on the template generated by the system (Bernat, 2013). It may be legal, but is it ethical?

Another ethical aspect is the issue of confidentiality. When LSUHSCS first switched to electronic records, all of the psychiatric inpatient names were hidden from the consulting physician. The consultant had to scroll through over 50 unnamed choices and could only locate the proper patient by birth date. We quickly realized that this would hinder

patient care and made appropriate changes. Psychiatric patients, employees and their families, or anyone requesting the privilege have additional safeguards to protect their privacy. Yet, this still isn’t entirely satisfactory as any information in the record can highlight a psychiatric diagnosis for individuals sensitive to the stigma of the diagnosis. Is it ethical to have paper charts for only a subset of the population?

The final concerns are the breaks in communication. Healthcare workers communicate among themselves to care for the patient. Now, physicians type an order in the system and expect the consulting service to check the in basket several times a day to find consults. If patients can send emails, or request an appointment or medications through the system, the physician won’t know of the request unless he checks the system. Pharmacies can request medication refills through the system. Most don’t think to check the system when on vacation, and there’s no handy clerk or nurse who can let the covering physician know about the need since the in basket is password

protected.

Finally, what about communication with patients? What do patients think since physicians face the computer instead of the patient? As psychiatrists are we missing important clues in patient appearance, behavior, and conduct so that we can finish the notes on time? What is the patient not receiving from us because of divided attention with the computer screen? The computer is now the “third person” in the exam room (Duke, Frankel, & Reis, 2013).

Given the fact that electronic health records are an important aspect of medical care now, how does the physician who has lessened the ethical issues deal with the communication issues. First, acknowledge the use of the computer to the patient when first seen. Experts suggest arranging the computer so that the physician also faces the patient (Duke, Frankel, & Reis, 2013). Most patients cite the lack of physician eye contact as a problem with the use of computers (Shachak & Reis, 2009). The use of mobile computers in a hospital setting also improves communication

ability. Importantly, the physician should include the patient in the computer documentation. For example, the physician can demonstrate abnormal lab or X-ray results (Duke, Frankel, & Reis, 2013).

Will government subsidies for the adoption of electronic health records improve medical care? Will electronic health records improve medical knowledge? Will electronic health records improve diagnostic skills or choose the best treatment for patients? The answer to all these questions is probably no. But the wise physician will be aware of the ethical and communication quicksand of electronic health records, and tread with care. Sometimes the money isn’t worth the trouble!

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Doctors and hospitals’ use of health IT more than doubles since 2012. (2013, May 22).

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## SLOVENKO

Continued from page 13

in to the psychiatry residency program. Ralph, an attorney, was one of them. There was a minster and someone else. Perhaps some of you old timers who trained with them might care to write in with your memories and thoughts about that experiment. These three lay residents did everything the medical residents did except write the prescriptions. As I recall Ralph telling me, they studied psychopharmacology just like the MDs and decided what

meds would be appropriate and then had a colleague write the order in the chart at Charity or write the out-patient prescription in the Hutchinson Clinic. At the end of their three years of training each got a certificate of residency completion just like the MD residents.

Ralph died in Detroit on Nov. 3, 2013 at the age of 86.

Submitted by Craig W. Maumus, MD. □

## RATHMELL

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rangements for her. She was very unhappy with the first placement and only reluctantly accepted the second one.

Aretta was very loyal to her friends and made a couple of trips to New Orleans to visit after she moved to Springfield. Remarkably in October of last year, against all odds and probably the advice of her doctors, she got herself down to New Orleans for one last visit to be with her friends.

She was especially fond of her grandkids and managed to live through Christmas. Having accomplished one last feat, she died the day after Christmas of this past year. Those of us who knew and loved her will never forget her.

Submitted by Craig W. Maumus, MD. □

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# First Excellence in Psychiatry Awards Presented

The LPMA was proud to present the first Excellence in Psychiatry Award for Graduating Residents at the 2014 Spring Meeting in New Orleans to Kelly Coffman, MD, MPH from Tulane; Mark C. Shoptaugh, Jr., MD, LSU New Orleans; and Katherine "Katie" Smith, MD from LSU Shreveport. Award

winners were selected by their program directors. Residents in each Louisiana accredited training program are eligible if they are an LPMA member who is planning to stay and practice in Louisiana and have contributed to the welfare of the citizens of Louisiana through volunteerism or excellence in research.

\*LSU Baton Rouge will submit a winner when their program meets the terminal year graduate requirement.

A special thanks goes to the program directors for their help and valued support of this effort. □

## SPRING MEETING

Continued from page 11

the Spring Meeting. He stated that the meeting was very productive and that the two organizations are planning to contact the Louisiana Chapter of the American Academy of Pediatricians to ask if they can host a meeting at their annual meeting with the goal of networking and sharing information.

### Resident-Fellow Representatives

Dr. Fitz-Gerald said that Dr. Lee Michals will represent LSU-Shreveport as the Resident-Fellow Representative.

### New Business

Dr. Stevens reported that the nomination committee plan to meet during the Spring Meeting to discuss recommendations for 2014-2015 officers. □

## MEDICAL MORASS

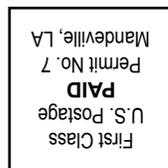
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