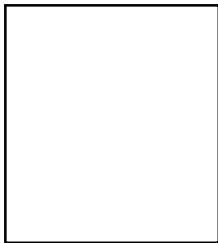


# the ■ Louisiana Psychiatric Medical Association ■ Newsletter



## Drs. Al-Asadi, Rees Are Elected Fellows

Congratulations to Ghada D. Al-Asadi, MD, MBBCH and David J. Rees, MD who were elected to the status of Fellow of the American Psychiatric Association. This election reflects recognition by their peers of their outstanding abilities, talents and contributions to psychiatry. They will receive a special medallion at the Convocation of Fellows at the APA Annual Meeting in Philadelphia in May 2002.



*Dr. Al-Asadi*

Dr. Al-Asadi is in private practice in Baton Rouge and is clinical director of the Adult Psychiatric Unit at Charis Hospital as well as medical director of Silver Options Partial Hospital Program, a geriatric program.

Dr. Al-Asadi received her medical degree from Cairo Medical School in Egypt and completed a psychiatric residency at the University of Louisville in Louisville, KY, where she became Assistant Clinical Professor of Psychiatry. She is a Diplomate of the American Board of Psychiatry and Neurology and has added qualifications in Geriatric Psychiatry.

Dr. Al-Asadi was president of the Baton Rouge Psychiatric Society and vice-president of LPMA. She has served on the LPMA Geriatric Committee since 1999.

Dr. Rees is in private practice in Lafayette, and Consulting Psychiatrist for

the Lafayette Juvenile and Young Adult Program, the Acadiana Mental Health Center, the Lafayette Alcohol and Substance Abuse Clinic and OPPORTUNITIES Residential Treatment Center in Scott, LA.

Dr. Rees is a graduate of the LSU Medical School in New Orleans and completed his psychiatric residency at Tulane Medical School where he was chief resident in his third year and



*Dr. Rees*

## Spring Meeting in New Orleans, March 22-23, 2002

LPMA's Spring Meeting will be held at the Chateau Sonesta Hotel in New Orleans on March 22-23. The topic is "Psychiatric Disaster, External and Internal." We have a stellar line-up of speakers beginning with Richard Harding, MD, the president of the American Psychiatric Association. His presentation is entitled "Post-Traumatic Stress Syndrome in Children." He will speak on Saturday at 9 a.m.

Irma J. Bland, MD, the regional administrator of the Department of Health and Hospitals, the Office of Mental Health in Region 1 of Louisiana, will follow Dr. Harding on the program. Her talk is on "The Public Mental Health System: Opportunities, Challenges and Dilemmas." Dr. Bland chaired our first Disaster Response Committee and her work after Hurricane Andrew received an APA Public Affairs award.

Our third speaker on Saturday is Harold M. Ginzburg, MD, JD, MPH, who will address us on "Fears, Phobias, Anxiety and PTSD in Louisiana." Dr. Ginzburg co-chairs LPMA's Disaster Response Committee and has a wealth of

*Continued on page 7*

a Fellow in Psychoanalytic Medicine. He is Clinical Assistant Professor of Psychiatry at Tulane Medical School and is on the Tulane Psychoanalytic Medicine faculty. Dr. Rees is also Clinical Assistant Professor of Behavioral Medicine in the LSU Family Medicine Residency Program at University Medical Center in Lafayette.

Dr. Rees was president of LPMA and president of the Acadiana Psychiatric Association numerous times. He chaired LPMA's Ethics Committee from 1993-99.

Dr. Rees received awards from the Acadiana Mental Health Association, the Lafayette chapter of Friends Alliance for the Mentally Ill and the National Alliance for the Mentally Ill. He was the recipient of LPMA's Psychiatrist of the Year Award in 2000. ■

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**Winter  
2002**

Volume 37  
Number 1

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**LPMA is a  
branch of the  
American  
Psychiatric  
Association**

■  
**In this issue ...**

**Editor's  
Notebook**  
page 2

**Spring Meeting  
Drs. Jerry Lewis,  
Richard Harding  
to speak**  
page 5

**APA Meeting  
News**  
page 8



# Editor's Notebook



**Juliana Fort, M.D., M.P.H.**

## Can You Really Imagine the Future by Thinking Out of the Box?

You probably have heard of biofeedback and if you are like most doctors, it might be something that is kind of interesting but not necessarily something with clinical merit. Some physicians might even think that it is malarkey.

What a difference it makes to experience such a clinical application directly! You may be already aware that computerized applications for ADHD (Attention-Deficit Hyperactivity Disorder) exist, such as CPT (Continuous Performance Testing). This is a computerized task in which different objects such as eight-sided and five-sided stars flash onto the screen. You push the space bar on the computer to hit a certain shape of star. The computer measures your concentration, impulsivity, and more sophisticated units can also measure your motion by use of a headband. These products include T.O.V.A., Continuous Connors Performance Test and the latest version, OPTax.

At a recent meeting of the Attention Deficit Disorders Southern Region in Irving, Texas, I had the opportunity to experience a much more promising but admittedly less scientifically studied application of computer applications of ADHD. This application is also distributed by several companies. The specific demo I am describing is from a company called Attention Trainers. I had brought my nine-year-old son with me on the trip to attend the conference and we both tried out Attention Trainers, which is a type of EEG biofeedback. You put on a bicycle-like helmet with sensors on the inside of the helmet that rests against the top of your head. The helmet is wirelessly attached to the EEG unit that is attached to a computer. The EEG unit is as small as a small book. The computer is loaded with Atari-type video game software that has been modified and licensed for this

specific use. The games include things such as bicycle riding, ping pong, etc.

For the bicycle race, you move your bike by utilizing your beta brain waves. Beta brain waves are the kind you use when taking a test (such as a written psychiatry board exam). Your bike races the computer bike. If you "stim," a term which is an abbreviation for self-stimulation or moving around in one's chair, your beta waves are not that active. If your muscles are tense or you are not relaxed

*The trainer then asked him to describe a picture in a book. His beta brain waves popped through the roof.... So I tried on the helmet next.*

and taking regular breaths, you will not activate you beta waves and the bike moves slowly or backwards. It was an interesting experience trying to move the bike with one's mind by concentrating. It was not enough to stare at the bike but it took relaxing, concentrating, breathing, and talking to oneself inside of one's head by saying a repetitive phrase such as concentrate, relax, or go down.

The ping pong game could be played with the use of the mouse, with the beta waves being produced by the person causing the game to go faster or causing rewards such as one's paddle on the screen to grow larger.

After the game, the computer could tell you what ratio of beta waves one used as compared to theta or delta waves with a certain ratio or preponderance of theta and delta waves being indicated of attention problems. My curiosity was peaked at this point. What about those kids that can sit so still and concentrate so hard on their Gameboy (i.e., like my own

son)? Could that be valued beta waves that they are using? After all, doesn't it help their hand-eye coordination? So my son wore the helmet and played his Gameboy and his beta waves were not being utilized according to the computer (i.e., the Gameboy is brain rot and kin to watching non-educational TV). Then we had him read. His brain waves popped upwards into an average reaction with some attentional problems (he really doesn't like to read unless he is reading something really interesting, like a Harry Potter novel). The trainer then asked him to describe a picture in a book. His beta brain waves popped through the roof. This was interesting but not surprising as he constantly doodles and his real gift is as an artist. So I tried the helmet on next. I read a Journal article. My beta brain waves were a little below average because I really don't like reading Journal articles unless I'm really in the mood. I began conversing; the beta brain waves went up through the roof as I am primarily an auditory learner and learn by hearing lectures and love to express myself verbally.

Imagine the applications. It could be determined what type of learner a child is. For example, children could wear the helmet to school and it could be determined when they are doing various activities such as math, reading, etc., which ones they were having trouble concentrating in. In addition, they could receive the training on the Attention Trainer to augment other treatments that they were receiving for ADHD such as medication, etc. Other applications could be imagined, such as helping a person with mild dementia to access their brain waves to balance their checkbook.

After my son and I utilized the Attention trainer, we were a little tired. It was like coming out of a test in which a

*Continued on next page*

# President's Report



**Catherine McDonald, M.D**

## Using Newer Antipsychotics

I was on my way to the hospital the other day thinking about the patient that I had been called about. She had just been admitted due to what seemed like a psychotic break. I was thinking about the differential diagnosis and what I would say to get her to take one of the newer antipsychotics if that seemed indicated. I wasn't even thinking of IM Haldol.

Although we do, naturally, use the older antipsychotics, a recent survey of antipsychotic utilization at the local freestanding psychiatric hospital reveals that we overwhelmingly prefer and prescribe the newer drugs. The major drawback is the cost, of course. There is no doubt that the new drugs are better, due to efficiency with better tolerability, improving the outcome and sometimes improving compliance, and we will soon have injectable forms of these new drugs.

The cost of medication has increas-

ingly become a focus in health care, hence all the discussion about some type of drug benefit for Medicare recipients. The big issue is a plan to finance this benefit. One of the ideas proposed involves having private pharmacy benefit managers negotiate lower prices for large pools of beneficiaries. The Medicare recipient would get a prescription discount card and pay some sort of discounted amount, basically the amount negotiated.

Ultimately, the discounted amount could be further reduced by having the government subsidize part of the cost, and the amount paid by the recipient would more closely resemble typical private insurance co-pays. This is a great idea but would take years to implement. In the meantime, some pharmaceutical companies will offer their own drug discount card to Medicare recipients, who would

only have to pay a co-pay for certain drugs offered by that manufacturer.

As it turns out, the cost of Medicaid spending, on a national level, has also risen in large part due to pharmacy services. I assume this is also a large part of the cost of private insurance.

Meanwhile, back to the patient with the psychotic episode. She did well on an atypical antipsychotic, and she had a prescription discount card. So I didn't have to scramble to get her enrolled in the manufacturer's time limited free drug program and find yet another way to store three months of medication or supply her with samples in the interim.

I'm eager to see all of our members at the Spring Meeting on March 22 and 23, 2002 at the Chateau Sonesta. We have a great program lined up for you. The details appear in this issue of the newsletter. ■

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### EDITOR'S NOTEBOOK: BIOFEEDBACK

*Continued from page 2*

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person had concentrated and done their best. Is it generalizable? Probably, if you keep it up like any other skill.

The next day, my son was trying his backflip that he learned the week before on the trampoline. He got very brave and tried to add some extra twists until I told him to wait until he is spotted. He was a little clumsy as he executed the trick. I said to him, "Concentrate like you did on the computer," and an immediately smooth, effortless execution of the flip occurs. Of course it was only like that with this particular flip when he concentrated really hard and moved his beta waves into action.

The possibilities are endless and exciting. Is it malarkey or is it a glimpse into the future? Check out what research there is (not a great deal of drug compa-

nies are profiting from this intervention so there may not be that much). But don't decide until you experience it firsthand for yourself.

Continuous Performance Tests are available from: T.O.V.A. can be reached at [www.tovatest.com](http://www.tovatest.com) or 1-800-PAY-ATTN; Connors can be reached at [www.mhs.com](http://www.mhs.com), 1-800-456-3003; OPTAx can be reached at <http://optaxsystems.com/>, phone 1-866-678-1122.

Biofeedback EEG programs include:

- Attention Trainers, at [www.attention.com](http://www.attention.com), 1-804-342-5888; Unique Logic and Technology at [www.playattention.com](http://www.playattention.com), 1-800-788-6786; and Al Mustin and Jan Ford Mustin's system at [www.mustin.com](http://www.mustin.com), 512-347-8100. ■

## Contributions Welcome

Contributions to the LPMA Newsletter are welcome. Both personal and professional items of interest in written or photograph form are sought. Every effort will be made to preserve the spirit and intent of the author when it is necessary to shorten or edit an article. Author's opinions do not necessarily reflect the official opinion of the Louisiana Psychiatric Medical Association. Letters to the editor and responses to those letters are also welcome.

Mail: LPMA, P.O. Box 15765  
New Orleans, LA 70175

E-mail: [lpma@lpma.net](mailto:lpma@lpma.net)

## “Psychosomatic Medicine” May Become Subspecialty

The American Board of Psychiatry and Neurology (ABPN) acted favorably at its October 2001 meeting on an application requesting that “Psychosomatic Medicine” be recognized as a psychiatric subspecialty. The application was submitted on behalf of the Academy of Psychosomatic Medicine, in collaboration with the Association of Medicine and Psychiatry and with the endorsement of eight other organizations including the American Psychiatric Association (APA) and the American Association of Directors of Psychiatric Residency Training.

The ABPN is now in the process of requesting permission from the American Board of Medical Specialties to issue a subspecialty certificate in Psychosomatic Medicine.

Psychosomatic Medicine has as its primary focus the psychiatric care of patients with complex and/or chronic medical, surgical or neurologic conditions. Well over 2,500 psychiatrists in the United States provide care to complex medically ill patients as a large part of

their practice, in a variety of healthcare settings. Training in this area has been available for over 25 years.

The “complex medically ill” constitute those patients with active medical, neurologic obstetrical or surgical condition(s) or symptoms who also meet one of the following criteria:

- Patients with an acute or chronic medical, neurologic or surgical illness in which psychiatric morbidity is actively affecting their medical care and/or quality of life. Examples include acute or chronic psychiatric patients with HIV infection, organ transplantation, brittle diabetes, heart disease, renal failure, a terminal illness, cancer, stroke, traumatic brain injury, COPD, high-risk pregnancy, among others.
- Patients with a somatoform disorder or with psychological factors affecting a physical condition (“psychosomatic condition”), as defined by the APA’s Diagnostic and Statistical Manual of Mental Disor-

ders (DSM-IV) regardless of the presence or absence of a co-morbid medical illness); or

- Patients with a psychiatric disorder that is the direct consequence of a primary medical condition(s), as defined in the APA’s DSM-IV.

For more information on the emergence of this exciting new subspecialty contact

Evelyne A. Hallberg  
Academy of Psychosomatic Medicine  
5824 N. Magnolia  
Chicago, IL 60660  
773-784-2025 (phone)  
773-784-1304 (fax)  
email: [apsychmed@aol.com](mailto:apsychmed@aol.com)  
web: [www.apm.org](http://www.apm.org)  
or  
Constantine G. Lyketsos, MD  
Osler 320  
Johns Hopkins Hospital  
Baltimore, MD 21287  
410-955-6158 (phone)  
410-614-8042 (fax) ■

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## Contributions Needed to Support Your Lobbyist

The following letter was mailed to all psychiatrists in Louisiana. The names of those who responded are printed below the letter. If you are not among those listed, please send your check now! Thank everyone who has already contributed.

*January 4, 2002*

*To all Louisiana psychiatrists  
From Catherine McDonald, MD,  
President, LPMA*

Please help secure the future of your practice and the safety of your patients in Louisiana.

We need only \$150 from every psychiatrist and psychiatric resident in Louisiana (there are 600 of us) to make a major step toward these goals. With this contribution, you can help us guarantee that we can continue to pay our lobbyist

for psychiatry through 2003.

Not all of us are LPMA members, but you don’t have to be a member to care about this issue. We all want to be able to protect the issue of privilege to prescribe, which ultimately protects our patients. This issue is resurrected every other year in the legislative non-fiscal session.

Please help! We are all in this together.

Your check should be made out to the Louisiana Psychiatric Medical Association, marked for lobbyist, and mailed to LPMA, PO Box 15765, New Orleans, LA 70175.

Checks were received from Drs. Ghada Al-Asadi, Robert Ancira, J. Robert Barnes, Marshall Belaga, Adrian Blotner, Elodie Braud, David Buttross, Serge Celestin, S. Rao Chalasani, Edgardo Concepcion, Robert Davis, Clif Dopson, Martin Drell, R. Christa Eckert, Robert G.

Ellis, Jeanne Estes, Glen Estes, Robert B. Fisher, Arthur Freeman, Ross Gallo, Susan Glade, Victor Gonzalez, W. Douglas Goodin, Lyn Goodin, Douglas Greve, W. Scott Griffies, Milton Harris, Nancy Haslett, Frederic Henderson, Albert Koy, Richard Kutner, Robert Lancaster, Jewell Lowe, Ellen MacKenzie, Donna Mancuso, Balminder Mangat, Catherine McDonald, Navin Patel, David Post, Brenda Price, David Rees, Ted Reveley, Gerald Robertson, Jeffrey Rouse, Phillip Rowden, Donald Schexnayder, Ramin Shahla, Frank Silva, Ernest Svenson, Wallace Tomlinson, Edwin Urbi, Gene Usdin, Jay Weiss, Bob Winston and Mark Zielinski. Non-member contributors were Drs. T. Kurt Belgard, E. G. DeFraitres, M. J. Kloor, John T. Hill, Richard Morse, Rao Narra and Roy Ragsdill. ■

# LPMA Spring Meeting

## Chateau Sonesta Hotel, New Orleans, La

### FRIDAY, MARCH 22, 2002

7:30 a.m. Registration and Continental Breakfast  
9:00-Noon Committee meetings: (Constitution & Bylaws will not meet)  
8:00-9:00 Budget, Continuing Education  
9:00-10:00 Membership, Psychiatry & Law & Insurance, Psychiatry & Religion  
10:00-11:00 Geriatrics, Public Affairs, Public Psychiatry  
10:00-Noon Governmental Affairs  
11:00-Noon Child & Adolescent, Disaster Response, Ethics  
Noon-1:30 Executive Council luncheon meeting for Council members & past presidents  
2:00- 4:30 General Membership Meeting  
7:00 p.m. Lifetime Achievement Award to Dudley Stewart, MD  
Jerry Lewis, MD, *Physicians and Their Marriages*  
Dinner

### SATURDAY, MARCH 23

8:30 a.m. Registration for Scientific Program  
9:00 Richard Harding, MD, APA President  
10:00 Irma Bland, MD  
11:00 coffee break  
11:15 Harold Ginzburg, MD

**Hotel Reservations: Call the Chateau Sonesta Hotel at (504) 586-0800 for reservations.**

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## Registration Form

**Please check the events you and your guest(s) will attend and mail this portion with check made out to LPMA to LPMA, PO Box 15765, NO LA 70175.**

**Registration fee for members** - \$150 (includes dinner)

(No registration fee for business meetings, but return form for our food count)

(No registration fee for guest attending program with member or resident)

**Registration fee for residents** - \$25 (includes dinner),

**Dinner fee for guests of members** - \$50; guests of residents - \$25

Member  Friday Committee Meetings

Member  Friday Council Luncheon (only Council members & past presidents)

Member  Friday General Membership Meeting

Member  guest(s)  Friday Dinner, Award to Dr. Stewart, and Dr. Lewis' talk

Member  guest(s)  Saturday Scientific program

Name (print) \_\_\_\_\_

Signature \_\_\_\_\_

Amount Enclosed \$ \_\_\_\_\_ Phone No. \_\_\_\_\_

# Committee Reports

## Membership Committee

Changes since last Newsletter  
Membership report.

**General Members:** Drs. Brian D. Babiak, Shreveport

**Elected to APA Fellowship:** Drs. Ghada Al-Asadi, David Rees

**New Life Fellow:** Dr. Rudolph Ehrensing

**New Life Members:** Drs. Lawrence Abrahams, Albert DeVillier, Robert Fisher, Walker Goodin, Hugh King, Jr., Arthur Strauss

**Members-in-Training:** Drs. Jose Artecona and Khoa D Tran of Tulane

**Transfer-in:** Drs. Andrew Dentino (GM) to Shreveport from North Carolina, Deniz Eker (MIT) LSU Child Fellow from Pennsylvania, Dilip Gogineni (MIT) to River Ridge from Alabama, James S. Harrold (GM) to Shreveport from Alabama, Michelle Simon (GM) to Houma from Georgia

**Status change from MIT to GM:** Drs. Serafin O. Gabriel, and Slawomir Laczowski

**Transfers-out:** Drs. Robbin Broadman (MIT) to Northern California, Pedro Crespo (IM) to California, Robert P. Franklin (GM) to New Mexico, Jason Jones (MIT) to New York City, Linda Lancaster (MIT) to Florida, Nancy Lehman (MIT) to North Carolina, Shilpa Srinivasan (MIT) to Georgia

**Dropped by APA for failure to pay dues for 2000:** Drs. Leona Bersadsky, Franklin Bordenave, Sarwat Gad, Haskell Head, James Heneghan, Clyde Hurst, Kenneth Peres, Janet Phan, Clinton Price, Alfredo Torres, Robert Woodward

**Deceased:** Drs. Wells Buddington (IM), Billy Wayne Floyd (LM), Millard Jensen (LF)

**Brian D. Babiak, MD** is on the clinical staff at Brentwood Hospital in Shreveport. He graduated from Georgetown University Medical School in Washington DC and completed his psychiatry residency training at LSU Medical Center in Shreveport.

**Andrew Dentino, MD** is Associate Professor of Medicine and Psychiatry and Medical Director of Ethics at LSUHSC in Shreveport. He received his medical degree from the Mount Sinai School of Medicine in New York and completed a combined residency program in internal medicine and psychiatry at the Robert C. Byrd Health Sciences Center of West Virginia University where he was Chief Resident and received the Resident Teaching Award. He is a Diplomate of the American Board of Psychiatry and Neurology (ABPN). Dr. Dentino was a recipient of the APA Burroughs/Wellcome Fellowship and the Eli Lilly Award. He received a first place award in the Residents' competition from the Southern Medical Association's Section on Neurology and Psychiatry and from the West Virginia Gastroenterological Society. Dr. Dentino was a Fellow in Geriatric Medicine at Duke University Medical Center in Durham, NC and was the recipient of the Duke University Academic Award. Dr. Dentino served on the APA Task Force on Elder drivers and on the American Association for Geriatric Psychiatry's Committee on Ethnic Minority Elders. He is a founding

member of the Southern Association for Geriatric Medicine. He edited several publications and published numerous articles.

**James S. Harrold, MD** is an addictionologist on the staff at Brentwood Hospital in Shreveport. He received his medical degree from Wayne State University in Detroit, MI and completed a psychiatry residency at Yale University in New Haven, CT. He is an ABPN Diplomate.

**Michelle R. Simon, MD** is the medical director of the Inpatient Psychiatric Unit at Terrebonne General Medical Center in Houma. She received her medical degree from LSUHSC in Shreveport and completed a psychiatry residency at Case Western Reserve University School of Medicine in Cleveland, OH.

**Slawomir L. Laczowski, MD** is on the clinical staff at Methodist Hospital in New Orleans. He received his medical degree from the Medical Academy of Gdansk in Gdansk, Poland and completed a psychiatry residency at Tulane Medical School.

**Serafin Gabriel, MD** is an Assistant Professor at LSUHSC in Shreveport. He received his medical degree from the Universidad Tecnologica De Santiago in Santo Domingo, Dominican Republic and completed a psychiatry residency at LSUHSC in Shreveport. ■

### Internet Resources:

**LPMA** ..... [www.lpma.net](http://www.lpma.net)

**National Mental Health Association** .... [www.nmha.org](http://www.nmha.org)

**National Alliance for the Mentally Ill** ..... [www.nami.org](http://www.nami.org)

**American Psychiatric Association** ..... [www.psych.org](http://www.psych.org)

*Looking for ...*  
a past article?  
a meeting photo?

*Look in the*  
*LPMA Newsletter Archives at*  
[www.lpma.net](http://www.lpma.net)

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# APA News

## APA Searches for New Medical Director

Dr. Steven M. Mirin, APA's Medical Director since 1997 is resigning as of Dec. 31, 2002. Dr. Richard Harding and Dr. Paul Appelbaum, APA's President Elect, are appointing a committee to search for a successor. Dr. Appelbaum will work with his successor to accomplish a smooth transition.

## APA Creates PAC

APA members can support federal candidates who they believe represent psychiatry's interests in Congress through a just-established Political Action Committee, APAPAC.

APAPAC marks the first time APA has had its own political fundraising voice, allowing individual APA members to directly participate in advancing their goals for patients and the profession. You can contribute to the PAC on your 2002 dues billing notice.

Jason Pray, Division of Government Relations will manage APAPAC. For more information, contact Jason Pray, 202-682-6060 or email [jpray@psych.org](mailto:jpray@psych.org).

## APA Serves Hispanic Members

A new APA listserv for Hispanic members has been launched in an effort to facilitate communication among Hispanic members of the APA and to assist members who serve Hispanic populations. To subscribe, address an email to [majordomo@lists.psych.org](mailto:majordomo@lists.psych.org). Type "subscribe hispanicmembers" and then send. Contact Kelly Koh at [kkoh@psych.org](mailto:kkoh@psych.org) with any questions.

## National Partnership for Workplace Mental Health

The APA and leading U.S. employers have launched the National Partnership for Workplace Mental Health to combat the mental health impact of terrorism, disaster and economic uncertainty in the workplace.

The 14-member National Partnership will provide employers nationwide with a first-response capability-educational materials, training and other tools. The Partnership will establish a Service Center located at the APA in Washington, D.C.

## Join AARP to Help Lobby Efforts

APA Life Members and Fellows are urged to lobby the AARP concerning the discrepancy in Medicare copayment for outpatient care. The Joint Commission on Government Relations recommends that all psychiatrists who are age 50 and over join the AARP and lobby in each state to elevate the issue of discrimination against mentally ill Medicare beneficiaries to a priority for the AARP leadership nationally. Further information is available from APA Lifers President Captane P. Thomson, M.D. at 530-753-7223 or Barbara Matos by phone at 202-682-6286 or e-mail at [bmatos@psych.org](mailto:bmatos@psych.org). ■



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## SPRING MEETING: MARCH 22-23

*Continued from page 1*

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experience in this field. His private practice primarily involves evaluating and treating patients who have developed psychiatric or neuropsychiatric problems as a result of physical injury, chronic illness or traumatic incidents. He was the Senior Medical Consultant, Office of Emergency Preparedness, Office of the Assistant Secretary for Health, the United States Public Health Service and was tasked with developing emergency medical and mental health response programs for the Disaster Medical Assistance Teams sponsored by the National Disaster Medical System. He remains a Consultant Psychiatrist to the United States Department of Defense, United States Department of Justice, Department of Health and Human Services and the Federal Emergency

Management Agency.

On Friday evening at the Awards Dinner we will be treated to a talk by Jerry M. Lewis, MD on "Physicians and Their Marriages." Dr. Lewis, a gifted speaker and author of many publications, is well known to many of us. Perhaps he will give us some sage advice about avoiding marital disaster. Dr. Lewis' talk will be preceded by the presentation of the Edward H. Knight Lifetime Achievement Award to Dudley M. Stewart, Jr., MD for his outstanding contributions to the field of mental health throughout his career.

Friday morning and afternoon will be devoted to business meetings with committee meetings in the morning at 8 a.m., an Executive Council luncheon meeting at noon and a General Member-

ship Meeting at 2 p.m..

A registration form for the Spring Meeting is on page 5. We hope you will take advantage of this opportunity for fellowship and education. ■

## Webmaster Needed

[www.lpma.net](http://www.lpma.net)

Candidates should have some writing skills and some experience with websites. (Technical assistance can be provided.) Interested members should contact the LPMA office at 504-891-1030 or [lpma@lpma.net](mailto:lpma@lpma.net).

# APA Meeting

## World's Largest Psychiatric Conference American Psychiatric Association To Hold 2002 Annual Meeting In Philadelphia May 18-23, 2002

### Cutting Edge Research Leading Scientists More than 1,000 Presentations

More than 1,000 clinical papers, symposia, new research poster sessions and workshops will be presented at the 155th Annual Meeting of the American Psychiatric Association-the world's largest psychiatric conference-being held May 18-23 in Philadelphia.

Topics include:

- New research findings on Post Traumatic Stress Disorder, Clinical Depression, Schizophrenia, Bipolar Disorder, Borderline Personality Disorder, psychiatric aspects of HIV/AIDS, other illnesses
- Special sessions on Post Traumatic Stress Disorder and other psychiatric consequences of the September 11 attack and subsequent bio-terrorism.
- Comprehensive research track presented by the federal Substance Abuse and Mental Health Services Administration, including new research on addiction treatments.
- New findings on youth suicide,

neurochemistry of Borderline Personality Disorder, brain stimulation techniques, club drugs, Attention Deficit Hyperactivity Disorder.

- Provocative discussions of research ethics, violence, false memory syndrome, and use of medications in very young children.

**Full preliminary program** available on APA web site ([www.psych.org](http://www.psych.org)). Scroll down to In the News, then click on Psychiatric News.

#### **Advanced Media Registration:**

Media registration is complimentary to all credentialed members of the press. Visit APA's web site ([www.psych.org](http://www.psych.org)) and click on the "2002 Annual Meeting" logo. Then click on "2002 Annual Meeting Press Room" for registration and information and Press Room Criteria and Policies. Complete the registration form and fax to APA Communications/Ensley 202-682-6255.

#### **On-site Registration:**

The APA Annual Meeting Communications Center/Press Room will open at the

Philadelphia Convention Center, May 18 at 12:00 noon and then daily from 8:00 a.m. until 6:00 p.m., until Thursday, May 23, when it will close at 1:00 p.m. Press badges will be issued to advance-registered and on-site registered press beginning at 12:00 noon, Saturday, May 18. The Communications/Press Center will again feature a "press only" area with computers, printers, modem lines, information tables, a press briefing room and beverage service.

All Annual Meeting sessions are open to registered press except CME courses, the annual Business Meeting, Master Educator Clinical Consultations, and Clinical and Continuous Case Conferences. Embargo Policy Change All Annual Meeting presentations and materials are embargoed to the DAY AND TIME of presentation.

#### **Hotel Reservations:**

To ensure a hotel room make your reservation now by logging on to [www.psych.org](http://www.psych.org). Scroll down to the Annual Meeting logo and click on the section titled "Hotel Reservations - Attendees." Or call Travel Planners direct at 800-221-3531.

#### **Press Policy:**

[http://www.psych.org/sched\\_events/ann\\_mtg\\_02/press\\_policy2402.cfm](http://www.psych.org/sched_events/ann_mtg_02/press_policy2402.cfm) Media Registration Form: [http://www.psych.org/sched\\_events/ann\\_mtg\\_02/2002virtual\\_pressroom.cfm](http://www.psych.org/sched_events/ann_mtg_02/2002virtual_pressroom.cfm)

The American Psychiatric Association is a national medical specialty society, founded in 1844, whose 38,000 physician members specialize in the diagnosis, treatment and prevention of mental illnesses including substance use disorders. ■

### Psychoanalytic Institute Starts Training Program

The New Orleans Psychoanalytic Institute and the New Orleans Psychoanalytic Foundation are pleased to offer the second class in Psychoanalytic Psychotherapy beginning in September 2002. The program is a two-year continuing education program for licensed mental health professionals who wish to enhance their theoretical understanding and therapeutic implementation of psychoanalytic psychotherapy principles in their work with adults. The faculty of New Orleans Psychoanalytic Institute will provide the faculty for the psychotherapy program. Psychiatrists, psychologists and social workers have attended the first class which began in Sep-

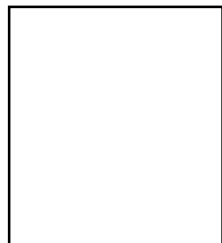
tember 2000 and is currently in its second year.

There will be two years of theoretical courses and clinical case conferences. The first year of therapy will include basic concepts of psychoanalytic theory and psychotherapeutic technique. The second year of theory will include developmental theory in relation to different pathological organizations, including neuroses, character disorders, narcissistic disorders, borderline and psychotic conditions. Supervised cases will complement the theory courses and continuous cases. For more information, call The Psychoanalytic Institute at 504-899-5815.

# In Memoriam

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## Millard Jensen, M.D. 1922-2001



Millard Jensen, MD, born in Rockford, Iowa, moved early in life to Lucedale, MS where he graduated from Lucedale High School as valedictorian of his class. He then entered the University of Mississippi at Oxford and upon graduation entered the School of Medicine at Tulane. He graduated from Tulane Medical School in 1948. Following an internship at Mobile County Hospital in Mobile, he was engaged in the General Practice of Medicine in Lucedale until 1959 except for two years in the military as an Army Captain during the Korean Conflict.

In 1959 Dr. Jensen returned to Tulane and New Orleans for a residency in Psychiatry at the Tulane School of

Medicine Department of Psychiatry and the Veterans Administration Hospital. For two years he was Chief of Staff of the Psychiatry Section at the Veterans Hospital in Cleveland, OH.

In 1967 he returned to New Orleans and began a very active private practice, which continued until his retirement because of ill health. He was on the medical staffs of DePaul, Baptist, Touro and Tulane University Hospital and Clinic. Dr. Jensen was a member of the Clinical Faculty at Tulane. We were closely associated in the field of Psychiatry as we at times shared a common waiting room and often took calls for each other.

I remember Millard best from our duties and experience at DePaul where he was a member of the Board of Trustees and an Administrative Physician for a number of years. He was active in organized medicine and in every organi-

zation in which he was a member including the Louisiana Psychiatric Association, of which he was president. He held responsible positions that he always took seriously.

Millard Jensen died at his home on Friday, Nov. 16, 2001 at the age of 78. I miss him but remember fondly his booming voice, the warmth of his personality and his sense of humor: a man of dedication to his family, his friends, his church, his patients and his profession.

A Memorial Fund has been established at Tulane University, School of Medicine, the proceeds of which will go toward Pulmonary Research. Contributions to the Tulane University School of Medicine may be sent to Mark McKeown, Office of Advancement and Research, 1430 Tulane Ave., TW34, New Orleans, LA 70112.

*Submitted by Robert Lancaster, MD. ■*

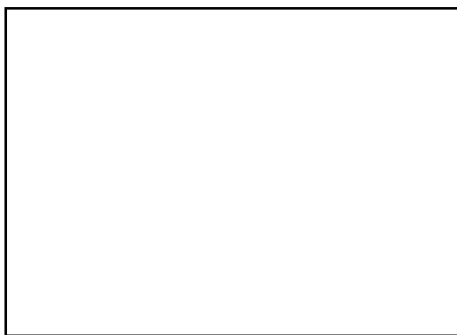
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## Dr. Renshaw Spoke as Distinguished Usdin Lecturer

Dr. Domeena Renshaw, Professor of Psychiatry and Assistant Chairperson in the Division of Psychiatry at Loyola University was the Distinguished 7th Annual Gene Usdin lecturer Jan. 18-19, 2002. Dr. Renshaw has written four books and over 300 articles and heads the earliest and largest sexual disorder clinic in the country (started 30 years ago).

Her January 18 talk was "Psychiatry and Laughter" and on the 19th she spoke about "Contemporary Thought Regarding Sexuality." Of interest is that Dr. Renshaw with her Roman Catholic background and teaching at a prestigious Catholic University was such a proponent of liberal sexual mores and traced the history of the increased sexual and other freedoms for women—all the while emphasizing the importance of love.

She outlined the significant development of women's rights, etc. commencing at the time of Freud and



*(L-R) Drs. Alvin Rouchell, Domeena Renshaw and Gene Usdin.*

continuing through the Industrial Revolution, the Women Suffragettes, and the revolutions of the early 20s with alcohol, drugs and sex in excess. Then the condom was discovered for birth control which was later followed by the sexual revolution in the 1960s—(with almost a pressure to be sexual) and then quite significantly Masters and

Johnson's publication of *Human Sexuality*.

Dr. Renshaw utilized numerous clinical vignettes in covering the field of better sexuality and better contraceptive techniques. She shared her vast clinical experience reviewing aids to prevent pregnancy as well as those that help. She then reviewed the advances in improving sexual enjoyment for women and men (psychodynamic therapy, prostheses, medications and most recently Viagra, etc.)

She discussed the effect of hysterectomy, refracton phase between males and females and interestingly noted that there is nothing that seemed to be coming "on the market" similar to Viagra for women.

The 2003 lecturer will be Jimmie C.B. Holland, MD, Past Chief of Psychiatry at Sloan Kettering Cancer Center. ■

# Nominations Being Accepted for APA Distinguished Fellowship

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The LPMA Membership Committee will meet at the Spring Meeting in New Orleans to nominate members for APA Distinguished Fellowship. Members of the committee are Drs. Mary Jo Fitz-Gerald (Chair), Dennis Nave, Navin Patel, David Regan, Ted Reveley, John Smith and Kashinath Yadalam.

Criteria for APA Distinguished Fellowship:

1. General Membership in APA for at least eight years
2. Primary designation as a psychiatrist
3. Significant contributions in a least five of the areas shown below
  - a. Certification by ABPN or an equivalent board
  - b. Involvement in the work of the district branch or other APA components

- c. Involvement in other medical and professional organizations
- d. Participation in non-compensated mental health and medical activities of social significance
- e. Participation in community activities unrelated to income producing activities
- f. Clinical contributions
- g. Administrative contributions
- h. Teaching contributions
  - i. Scientific and scholarly contributions

If you are interested in applying or in nominating a member, call the LPMA office at 800-438-6471 or contact one of the members of the committee. The LPMA deadline for receiving completed applications along with support letters from three Fellows is June 2.

**LPMA 2002 SPRING MEETING:  
MARCH 22-23**  
REGISTRATION FORM ENCLOSED

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