From: APA Communications
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Subject: APA Headlines: Cancer Patients Who Are More Depressed May Have Worse Response To Chemotherapy Than Those Without Depression, Small

Study Suggests

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Good morning Ms Cathy Thompson

December 19, 2016

Leading The News

Cancer Patients Who Are More Depressed May Have Worse Response To Chemotherapy Than Those Without Depression, Small Study Suggests.

<u>TIME</u> (12/17, Park) reported that research indicated "cancer patients who were more depressed showed worse response to chemotherapy than those without depression." Investigators measured brain-derived neurotrophic factor (BDNF) "levels of 186 people recently diagnosed with advanced lung cancer, who also answered questions about their mood." The researchers "found that among the cancer patients with depression, those who had the lowest BDNF levels had the least response to chemotherapy for their cancer." The findings were presented at the annual meeting of the European Society for Medical Oncology Asia.

Psychiatric News Alert



Abortion Does Not Lead to Long-Term Mental Health Problems, Study Suggests

APA Sponsors Hill Briefing on Steps to Stop 'Nationwide Tragedy of Suicide'

APA Offers Help Evaluating Mental Health Apps

There are many smartphone apps offering mental health benefits. They track mood or monitor symptoms, offer information and resources, or offer exercises or adjunctive treatments. Yet these apps are not regulated and most have not been rigorously studied for their effectiveness. APA is helping psychiatrists and other mental health professionals determine whether an app works for you and your patients. Learn more about APA's new model to evaluate mental health apps.







Government and Psychiatry

Obama Says ACA Sign-Ups Hit A New High On Thursday.

The Washington Post (12/16, Goldstein) reported that during his last pre-Christmas news conference on Friday, President Obama "tout[ed] anew the popularity of the sprawling health-care law that his successor wants to abolish, announcing that sign-ups in Affordable Care Act marketplaces just hit an all-time record for a single day." The President "said 670,000 Americans chose health plans in states relying on HealthCare.gov on Thursday, the original deadline to have ACA coverage in place by Jan. 1," which "is 70,000 more than the enrollment on the same date last year – a record at the time."

The <u>Wall Street Journal</u> (12/16, Radnofsky, Subscription Publication) reported that according to HHS, almost one million people left their contact information and intend to complete applications at a later date.

USA Today (12/16, O'Donnell) reported that this "traffic jam" convinced

CMS to announce that the application deadline for coverage starting on January 1 had been "extended until 11:59 PM PST on December 19." The piece pointed out that the number of applications had been rising steadily throughout the week.

Psychiatry and Public Health

Advertisement



ED Visits For Attempted Suicide Most Common Among Women, Teens, And During Late Spring, Study Indicates.

Healio (12/16, Oldt) reported emergency department (ED) "visits for attempted suicide were most common among women, individuals aged 15 to 19 years and during late spring, particularly May," researchers found after analyzing data on some "3,567,084 suicide attempt-related ED visits." The findings were published online Nov. 17 in Epidemiology and Psychiatric Sciences

Other News

FDA No Longer Requiring Boxed Warning On Smoking Cessation Medication.

The Wall Street Journal (12/16, Rockoff, Subscription Publication) reported the Food and Drug Administration is no longer requiring Chantix (varenicline) to include a boxed warning about possible links to suicide, depression, and hostile behavior. In addition, the drug's new label can explain that Chantix is more effective than nicotine patches or bupropion.

Reuters (12/16, Grover) reported that the FDA said Chantix's label "should contain the post-marketing reports of the serious side-effects associated with the drug."

CHD Incidence And Its Related Risk Factors May Increase Risk For Development Of Long-Lasting Psychological Distress From Midlife To Old Age, Researchers Say.

Healio (12/16, Homer) reported that the incidence of coronary heart disease (CHD) "and its related risk factors may increase the risk for development of long-lasting psychological distress from midlife to old age," researchers found after examining "data from Whitehall II, a prospective cohort study of British government employees." The <u>findings</u> were published online Nov. 18 in the journal Heart.

CDC: Drug Overdose Deaths Increased By 33% Over Past Five Years.

The AP (12/17, Casey) reported that data from the Centers for Disease Control and Prevention shows "drug overdose deaths have increased by 33 percent in the past five years across the country, with some states seeing jumps of nearly 200 percent." CDC Director Dr. Tom Frieden said, "Too many Americans are feeling the devastation of the opioid crisis either from misuse of prescription opioids or use of illicit opioids." He also called for "urgent action...to help health care providers treat pain safely and treat opioid use disorder effectively, support law enforcement strategies to reduce the availability of illicit opiates, and support states to develop and implement programs that can save lives."

Friday's Lead Stories

- Analysis Indicates ACA Subsidies Will Rise By About \$10 Billion In 2017.
- Feds Extend Healthcare.gov Deadline Until Monday.
- Thousands Of Children Traumatized By Opioid Abuse Crisis.
- APA Declares Ethical Opposition To Psychiatric Participation In Assisted Suicide Or Euthanasia For Non-

Terminal Patients.

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