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Subject: APA Headlines: Physical Activity During, After Pregnancy May Protect Against Postpartum Depression, Review Indicates
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Good morning Ms Cathy Thompson

Monday, June 19, 2017

Leading The News

Physical Activity During, After Pregnancy May Protect Against Postpartum Depression, Review Indicates.

[Reuters](#) (6/16, Crist) reported, "Physical activity during and after pregnancy improves psychological wellbeing and may protect against postpartum depression," researchers found after analyzing "data from 12 controlled trials of exercise interventions during or after pregnancy between 1990 and 2016 that addressed the effects of physical activity on postpartum depression." Some 932 women were included in these studies. The review's [findings](#) were published online June 7 in the journal Birth.

Psychiatric News Alert



[New Drug Shows Promising Results in Treatment of Postpartum Depression](#)

[APA Urges Senate to Be Transparent, Inclusive in Crafting ACA Repeal Bill](#)

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Psychiatric Treatment/Disorders

Having A Mood Disorder May Increase Odds Young People With Autism Will Be Hospitalized For Psychiatric Care, Researchers Say.

[HealthDay](#) (6/16, Preidt) reported, "Having a mood disorder significantly boosts the odds that young people with autism will be hospitalized for psychiatric care," researchers concluded after reviewing "records of 473 people with autism, aged 4 to 20." Investigators found that "the risk

of hospitalization was seven times higher for those with a mood disorder." The [findings](#) were published online May 23 in the Journal of Autism and Developmental Disorders.

Low Social Maturity, Mental Energy, Emotional Stability In Late Adolescence May Be Associated With Subsequent Psychiatric Disorders In Men, Study Indicates.

[Healio](#) (6/16, Oldt) reported that "low social maturity, mental energy and emotional stability in late adolescence were associated with subsequent psychiatric disorders among men," researchers found after conducting "a longitudinal cohort study of Swedish male military conscripts aged 18 or 19 years from January 1974 through December 1997 (n = 1,017,691)." The [findings](#) were published online May 24 in JAMA Psychiatry.

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Government And Psychiatry

Bill Before New York City Council Would Ban Fees For Conversion Therapy.

The [New York Daily News](#) (6/18, Durkin) reports that a new measure before the New York City Council "would make it illegal for anyone to charge a fee to perform therapy to change an individual's sexual orientation or gender identity," regardless of whether the patient is a minor or an adult. Under the proposal, "therapists could be hit with a \$1,000 fine for each violation of the ban on charging for services designed to change a person's sexual orientation or gender identity or expression."

More Insurers Seeking High Premium Increases For ACA Plans.

The [Wall Street Journal](#) (6/16, A1, Mathews, Radnofsky, Subscription Publication) reported on its front page that more than more insurers are asking for average premium increases of 20 percent or more next year for plans they offer through Affordable Care Act marketplaces, including the largest ACA-plan insurers in Delaware, Maine, Maryland, North Carolina, Oregon, and Virginia. The Journal cited uncertainty over the healthcare law as a leading factor behind the hikes, but quoted a White House official as saying, "The laws of economics were in place long before today. These companies were losing hundreds of millions of dollars."

"Medicaid For All" Bill Vetoed By Nevada Governor.

The [Wall Street Journal](#) (6/17, Hackman, Subscription Publication) reported Nevada Gov. Brian Sandoval on Friday vetoed legislation to establish the first "Medicaid for all" insurance plan in the country and called for additional study. Sandoval said, "Moving too soon, without factual foundation or adequate understanding of the possible consequences, could introduce more uncertainty to an already fragile healthcare market, and ultimately affect patient health care."

The [Los Angeles Times](#) (6/17, Montero) reported that the plan "would have been sold alongside private insurance options," and "would have operated within Medicaid, but it wouldn't be Medicaid," which has strict income requirements.

The [AP](#) (6/17, Noon) reported that officials at the Nevada Department of Health and Human Services said they were unable to project how much the Medicaid expansion might cost because they were unable to determine how many people might enroll.

Friday's Lead Stories

- [Senate Leaders, White House Aiming For Vote On Healthcare By End Of June.](#)
- [Patients With Insomnia More Likely To Report Thoughts Of Suicide, Death During Past 30 Days Than Those Without Insomnia.](#)
- [GOP Lawmaker Baseball Shooting Stirs Up Debate Regarding Mental Health And](#)

Firearms.

- **Risk Assessment Methods Sensitive To Predictors Of Suicide, Suicide Attempts In Veterans, But False Positives May Be Common, Review Indicates.**
- **States Try Different Measures To Reduce Physicians' Prescribing Of Opioids.**

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