Executive Secretary Committee Toils

Exploration of an executive secretary for Louisiana Psychiatric Association, and methods of funding an executive secretary, are being conducted by an ad hoc committee headed by Edwin Fuchs, M.D.

Other members of the committee are: Sidney Easterling, M.D.; Henry Olivier, M.D.; Karr Shannon, M.D.; J. Paul Pratt, M.D.; and Michael Connell, M.D.

The committee has been contacting other district branches to determine their experiences with an executive secretary.

(This item is to satisfy the membership request, made at the mid-winter meeting, that a report from the committee be published after it had been active for two months.)

LPA Selections Set for April

Membership of Louisiana Psychiatric Association will elect officers for the coming year at a meeting scheduled for April 20, 1967.

A slate of candidates will be presented by the nominations committee, Gene Usdin, M.D., Chairman. Nominations will be accepted from the floor, also.

This is considered to constitute due notice to the membership of the forthcoming election.

April 20 Date of Double Meet

April 20 will be an important date for Louisiana Psychiatric Association: Election of officers for the coming year and a guest speaker, William Dement, M.D.

The meeting is scheduled for 8 p.m. at the auditorium of Tulane University School of Medicine.

Marvin F. Miller, M.D., L.P.A. President, announced that he was able to arrange for the L.P.A. meeting to be held on the same date and at the same location as the meeting of the New Orleans chapter.

New Orleans Area Psychiatric Association is sponsoring Dr. Dement's appearance.

Members of L.P.A. may have the benefit of Dr. Dement's talk in addition to participating in the annual election of officers.

The installation of the newly-elected officers will occur in May, according to Dr. Miller.
GRINKER DELIVERS ANNUAL NOAPA LECTURE

The New Orleans Area Psychiatric Association sponsored the first of a series of “Annual Lectureships” on March 6th.

Ray R. Grinker, Sr., M.D., Director of The Michael Reese Hospital Psychiatric Center for Training and Research, was the speaker. His lecture was entitled “Borderline Syndromes”.

Dr. Grinker’s research on the Borderline Syndromes utilized biostatistical and computer techniques resulting in the discovery of 4 separate kinds of borderline patients who are neither psychotic nor neurotic. Dr. Grinker suggested that experimental treatment programs for each of these groups were needed to establish treatment on a firm scientific basis.

The annual lectureship is intended to be the high point in the program of meetings conducted by the NOAPA and will bring to New Orleans the most distinguished and recognized leaders in the psychiatric profession. The lectureship was presented at the Tulane Medical School auditorium.

—Michael Connell, M.D.

CONTINUOUS TRAINING FOR MENTAL HEALTH

Continuous training for psychiatrists and workers in allied fields of mental health has been proposed by Hugh Mullan, M.D., Chief of Psychiatry, Veteran’s Administration Hospital at New Orleans.

Dr. Mullan outlined the plan to the March meeting of the Louisiana Psychiatric Association Executive Council. His aims for the program are: (1) Postgraduate training in the field of mental health and particularly in psychotherapy and; (2) constructive interaction and increased communication among the professionals involved in the mental health field.

The plan, as now conceived, would provide for 10 meetings throughout 1967-68 academic year. Guest speakers would be individuals of national repute in their individual fields and noted for teaching ability. Various community resource facilities would act as the host organization and the host organization would have the services of the guest speaker for consultation on Friday afternoons. The guest would deliver a formal lecture to those in the mental health field on Friday night with Saturday morning devoted to group discussions of material presented by the guest speaker.

Dr. Mullan was appointed to chair an ad hoc committee to investigate the feasibility of the program and to explore the possibility of coordinating the program with efforts of the New Orleans chapter of L.P.A. Another duty of his committee will be to explore possibilities of L.P.A. applying for a training grant as a funding source for the proposal.

The matter was also referred to the L.P.A. Committee on Allied Professions.

“SELYE BIOGRAPHY”

An internationally recognized authority on the “Stress Syndrome”, Dr. Selye received his Doctor of Medicine from German University of Prague, Czechoslovakia, in 1929, and his Doctor of Philosophy in Organic Chemistry from the same university in 1931. In 1942, he received his Doctor of Science degree from McGill University, Montreal, Canada. In addition to his three earned doctorates, he has received honorary degrees from Universities of Argentina, Canada, Chile, Germany, Guatemala, Japan, Uruguay and the U.S.A. He was appointed to his present position in 1945.

Dr. Selye discovered the first evidence for his stress theory in 1936. After many painstaking attempts at finding the causes of a seemingly unimportant observation, his perseverance brought his success and he provided medical science with the general adaptation syndrome. He discovered that in this syndrome the body’s defense mechanism goes through the three following stages: (1) The alarm reaction of the organism to any noxious agent; (2) the “adaptive” state; and (3) the exhaustion stage which arises if the noxious situation lasts too long, causing the hormonal defense system to collapse.

In his earlier years of research, he was given a great deal of encouragement by, and through association with the noted Canadian scientist and discoverer of insulin, Sir Frederick Banting, who was responsible for his first financial support — a modest grant of $500.

Because of his great contribution to medical science, Dr. Selye has received medals and awards from countries such as Canada, the U.S.A., England, Czechoslovakia, Ecuador, France, Switzerland, Argentina, (Continued on Page 3)
TRENDS: THEORY, TECHNIQUE
GROUP INSTITUTE TOPIC

Trends in Group Psychotherapy: Theory and Technique was the theme of the tenth annual institute of the Louisiana Group Psychotherapy Association, April 7 and 8 at Touro Infirmary, New Orleans, Louisiana.

Panel members are: Helen E. Durkin, Ph.D.; Bryce W. MacLennan, Ph.D.; Max Rosenbaum, Ph.D. and Hyman Spotnitz, M.D. Irwin Marcus, M.D., is chairman of the institute.

Workshop leaders include: Arthur P. Burdon, M.D., Clinical Associate Professor of Psychiatry, L.S.U.; George J. Caruso, M.D., Clinical Assistant Professor of Psychiatry, Tulane University (Baton Rouge); Charles A. Feigley, M.D., Clinical Assistant Professor of Psychiatry, Tulane University (Baton Rouge); Donald D. Lathrop, M.D., Clinical Assistant Professor of Psychiatry, L.S.U.; Irwin M. Marcus, M.D., Clinical Professor of Psychiatry, L.S.U.; Hugh Mullan, M.D., Clinical Professor of Psychiatry, Tulane University; Arthur S. Samuels, M.D., Clinical Assistant Professor of Psychiatry, Tulane University, and Max Sugar, M.D., Clinical Associate Professor of Psychiatry, L.S.U.

"Travel Expense" for LPA Duty
Remuneration for travel expenses will be granted to Louisiana Psychiatric Association members when incurred for L.P.A. activity.

The motion was approved at the February meeting of the Executive Council, said Marvin F. Miller, M.D., President.

Permission to submit travel expenses will be granted by the Executive Council to those members delegated to conduct official business. Per diem expenses are limited to $15. per day and travel expenses to 10¢ per mile.

This is an effort to achieve greater participation by members in L.P.A. official business.

MENTAL HEALTH CENTERS
FORM CLEARING HOUSE

Community Mental Health Centers in the New Orleans area have formed a clearing house organization. The proposed name is the Greater New Orleans Mental Health Catchment Areas Council.

The group is meeting regularly to insure uniform operation of the centers, seek solutions to problems which confront centers as a group or which appear unique to a specific center, and coordinate center activities by means of improved communication.

"SELYE BIOGRAPHY" (Continued from Page 2)

Mexico, Japan, Belgium, U.S.S.R., Cuba, Sweden and Italy.

The author of more than 1200 publications, including 22 books, Dr. Selye is a member of the editorial board of scientific journals in countries throughout the world.

LPA Reiterates Stand
Louisiana Psychiatric Association, in response to a request from Edward G. Long, M.D., of Monroe, concerning the organization's stand on the Community Mental Health Centers Act, pointed to formal action taken April 22, 1965.

1. The Executive Council of the Louisiana Psychiatric Association is opposed to any proposal for the setting up of a Community Mental Health Center which does not contain sufficient and explicit provisions to safeguard against the likelihood of conflict with the private practice of medicine.

2. The State Department of Hospitals is urged to favorably consider the recommendations of the Louisiana Psychiatric Association Committee on Hospitals and Clinics, dated November 1963, which states that psychiatric care, as defined by the State of Louisiana Medical Practices Act, be rendered to the truly indigent patient.

Mental Health Meet
Annual meeting of the Louisiana Association for Mental Health will hold its annual meeting May 5th in Baton Rouge at the Jack Par House.

SHREVEPORT MEET
(Continued from Page 1)

MORNING SESSION
Moderator: Karr Shannon, Jr., M.D.
Welcoming Remarks.................. Erle Harris, Jr., M.D.
"Psychiatry and Stress".............. Hans Selye, M.D.
Panel Discussion, Psychiatry and Stress:
John G. Howard, M.D., Hans Selye, M.D., W. A. McBride, M.D., Walter Bruschi, and A. J. Mullen, M.D.

AFTERNOON SESSION
Sponsored by Psychiatry Service, V.A. Hospital, Shreveport, Louisiana
Moderator: Sherman Allis, M.D.
"Stress and Coronary Artery Disease".................. Hans Selye, M.D.
Panel Discussion, Stress in Coronary Artery Disease—
Charles S. Betts, M.D., Hans Selye, M.D., James R. Hughes, M.D., Ike Muslow, M.D., and Charles W. Armistead, M.D.
Business Health Touro Topic

"Building a Healthy Business" was the topic of a conference held February 21 at Touro Infirmary.

Governor John J. McKeithen, and Richard Barrett, of the United States Department of State, were keynote speakers.

The meeting was sponsored by: the Chamber of Commerce of the New Orleans Area, Touro Infirmary Community Mental Health Center, and the Committee on Alcoholism for Greater New Orleans (UF Agency) in cooperation with: Louisiana Association for Mental Health, American Red Cross, and Industrial Management Club of Greater New Orleans.

The welcome was given by G. Elmer May, Vice President, New Orleans Public Service, Inc., President, Committee on Alcoholism for Greater New Orleans (UF Agency), and Gene L. Usdin, M.D., Director, Touro Infirmary Community Mental Health Center. The program included: Current Trends In The Application Of Psychiatry For Personnel Policy Formulation, Murray A. Diamond, M.D., Executive Director, Touro Infirmary, formerly Assistant Surgeon General and Director of Personnel of the U. S. Public Health Service; Emotional Disturbances In The Business Organization: Detection, Approach, And Referral, Art Smith, Manager, Personnel & Industrial Relations, Shell Chemical Co., Norco, La.

Psychology Of Safety, Fred Ackis, Director of Safety, Delgado Junior College; Maintaining The Mental Health Of The Executive And His Employees, Mottram Torre, M.D., Associate Director, Touro Infirmary Community Mental Health Center, formerly Associate Director, Engineering Management Workshops of Columbia University.

The luncheon speaker was The Honorable John J. McKeithen, Governor of Louisiana.

“Members’ Activity”

William McBride, M.D., recently attended the Conference on Psychiatry and Medical Education in Atlanta, Ga., during which many facets of psychiatry in medical education were discussed. Dr. McBride represented the new Louisiana State University School of Medicine at Shreveport at the Conference.

Attending the 19th Annual Psychiatric Institute at the V.A. Hospital in North Little Rock on March 2 and 3, were Drs. Walter Bruschi, chief of psychiatry at the Shreveport V.A. Hospital; Karr Shannon, head of the department of psychiatry at Confederate Memorial Medical Center; William Kimbell, Norman Mauroner and James Phillips, all residents in psychiatry at Confederate.

Executive Council Notes

ACHIEVEMENT AWARD

Two applications were received for Mental Health Achievement Awards:

The Adolescent Community Domiciliary Care Program at Southeast Louisiana State Hospital and, Central State Hospital.

Decisions on giving the award will be determined after inspection of both facilities.

NOMINATIONS

Suggestions are welcomed by the nominating committee. Gene Usdin, M.D., Chairman, requests names be submitted to him before April 30.

L.P.A. OFFICES

A permanent office for L.P.A. has been established at DePaul Hospital, 1038 Henry Clay, in New Orleans. A secretary, Mrs. Alma Clark has been employed half-time.

Psychedelics Talk by Alpert

On February 23 the NOAPA heard a lecture on psychodelic drugs given by former Harvard professor Richard Alpert. Dr. Alpert, together with Dr. Timothy Leary, has been experimenting with psychodelic drugs since 1961.

From his experiences during his three hundred “trips” he believes the individual taking these drugs may benefit from the fluid consciousness and loss of identity which may accompany the heightened experiences of sensation and enriched association. He indicated personality and behavioral changes can result when the usher can get outside his set “model” of thinking and see his life style for what it is with all its “social games.” During this free or fluid state other realities are experienced and one may return from the “trip” with appreciations of states of mind and realities other than his own.

Led by discussants Dr. Richard Johnson and Dr. Herman Colomb following the lecture, the need for responsible research was noted as was the danger of illegal, uncontrolled use which has become a growing social phenomenon of our age.

—William Bloom, M.D.