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To: lpmastaff@jgma.net
Subject: APA Headlines: Nearly 10 Million US Adults Seriously Thought About Committing Suicide Last Year, SAMHSA Report Finds
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Good morning Ms Cathy Thompson

September 16, 2016

Leading The News

Nearly 10 Million US Adults Seriously Thought About Committing Suicide Last Year, SAMHSA Report Finds.

[HealthDay](#) (9/15, Dallas) reports that nearly "10 million US adults seriously thought about committing suicide last year," a [report](#) (pdf) from the Substance Abuse and Mental Health Services Administration revealed. The report also found that suicide rates "are at historically high levels, having jumped 27 percent since 2000." More woman and more young adults are attempting suicide, researchers found. Some "42,000 Americans die from suicide" annually, the CDC reports.

Psychiatric News Alert



[Addressing Psychosocial Variables May Improve Care for Patients With Mental Illness, Diabetes](#)

[Patient Expectations of Antidepressants May Mediate Placebo Effects](#)

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Psychiatric Treatment/Disorders

Negative Experiences On Facebook May Increase Odds Of Depression In Young People, Researchers Say.

[HealthDay](#) (9/15, Preidt) reports, "Negative experiences on Facebook can increase the odds of depression in young people," researchers found after surveying "264 study participants." Researchers found "the risk of depressive symptoms was 3.2 times higher among those who had any negative Facebook experiences compared with those who had not." The [findings](#) were published online Aug. 18 in the Journal of Adolescent Health.

Researchers Document High Rates Of Depressive Disorder In Patients With Type 2 Diabetes.

[Medscape](#) (9/15, Nainggolan) reports research suggests "high rates of depressive disorder (10%) in patients with type 2 diabetes." In a

poster at the European Association for the Study of Diabetes 2016 Annual Meeting, a poster presentation “details” findings from the International Prevalence and Treatment Study (INTERPRET-DD), which is following some “3000 patients in 15 countries – Argentina, Bangladesh, China, Germany, India, Italy, Kenya, Mexico, Pakistan, Poland, Russia, Serbia, Thailand, Uganda, and Ukraine.”

Psychiatry and Public Health

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USAToday: VA Not Doing Enough To Combat The Crisis Of Suicides Among Veterans.

In an editorial, [USA Today](#) (9/15) asserts, “A veteran is choosing death every 72 minutes, and the” Department of Veterans Affairs (VA) “could be doing more to keep that person alive.” USA Today charges that the VA’s “mammoth bureaucracy, second only to the Pentagon, has been slow to embrace new ideas, chief among them managing the urge to commit suicide and not just treating underlying illnesses such as post-traumatic stress disorder or severe depression.”

VA Expanding Suicide Prevention Efforts, Shulkin Says. In an opinion piece in [USA Today](#) (9/15, Shulkin), David J. Shulkin, MD, undersecretary for health for the Department of Veterans Affairs, writes, “This past year, VA has expanded our suicide prevention efforts providing greater access to our services, and we are continuing to ensure same-day access for urgent mental health needs at every medical center.” The VA is also

“enhancing...partnerships with community-based” practitioners “to broaden the network of mental health professionals and are researching to find new solutions.” Dr. Shulkin concludes, “We believe our partnerships, research and new technologies will benefit all Americans, and we will continue to be seen as the forerunners in suicide prevention efforts.”

New York City Reports More Deaths From Suicide Than Homicide In 2014.

The [New York Daily News](#) (9/14, Fermino) reports New York City health officials announced that more people now die from suicide in the city than from homicide or car crashes. In 2014, 565 people died by suicide while 353 people died from homicides and 270 died in motor vehicle accidents.

APA in the News

Considering Psychosocial Variables May Help Guide Care For Patients With Serious Mental Illness And Diabetes, Small Study Suggests.

Meanwhile, [Psychiatric News](#) (9/15) reports a [study](#) published online Sept. 15 in the American Psychiatric Association’s Psychiatric Services in Advance “describes how considering psychosocial variables such as a patient’s social support, self-efficacy, and attitude regarding possible treatment outcomes could help to guide care for patients with serious mental illness and diabetes.” Two hundred people took part in the study.

FDA-Approved Hypnotic Medications May Be Associated With Increased Risk For Suicidal Ideation, Review Suggests.

[Healio](#) (9/15, Oldt) reports, “A literature [review](#)” published online Sept. 9 in the American Psychiatric Association’s American Journal of Psychiatry suggested that Food and Drug Administration-approved “hypnotic medications were associated with increased risk for suicidal ideation.” In particular, the study authors “expressed concern regarding benzodiazepine receptor agonist hypnotics, which can cause parasomnias and may lead to suicidal ideation or behavior in individuals not known to be suicidal.”

Thursday's Lead Stories

- [Small Brain Scan Study Reveals Why Some Older Adults Retain Remarkable Memory Performance.](#)
- [Study Of “Super Agers” Reveals Elderly Memory Loss Not Inevitable.](#)
- [Remaining 19 States Facing Growing Pressure To Expand Medicaid Under ACA.](#)
- [Dartmouth-Hitchcock Medical Center CEO Says Healthcare System Layoffs Will Not Affect State Psychiatric Hospital.](#)
- [More Outreach Needed To Engage Psychiatrists In Healthcare Reform, Survey Finds.](#)

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